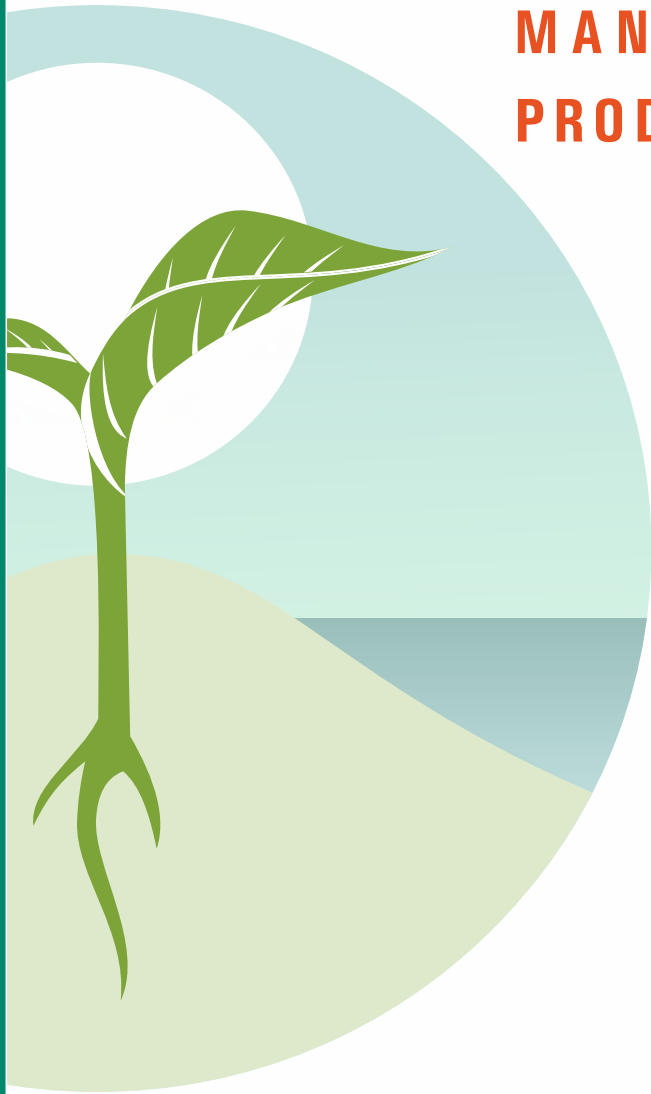


IAFA AYURVEDA INDIA

MANUFACTURER & EXPORTER OF HERBAL
PRODUCTS & AYURVEDA CLASSICAL MEDICINES





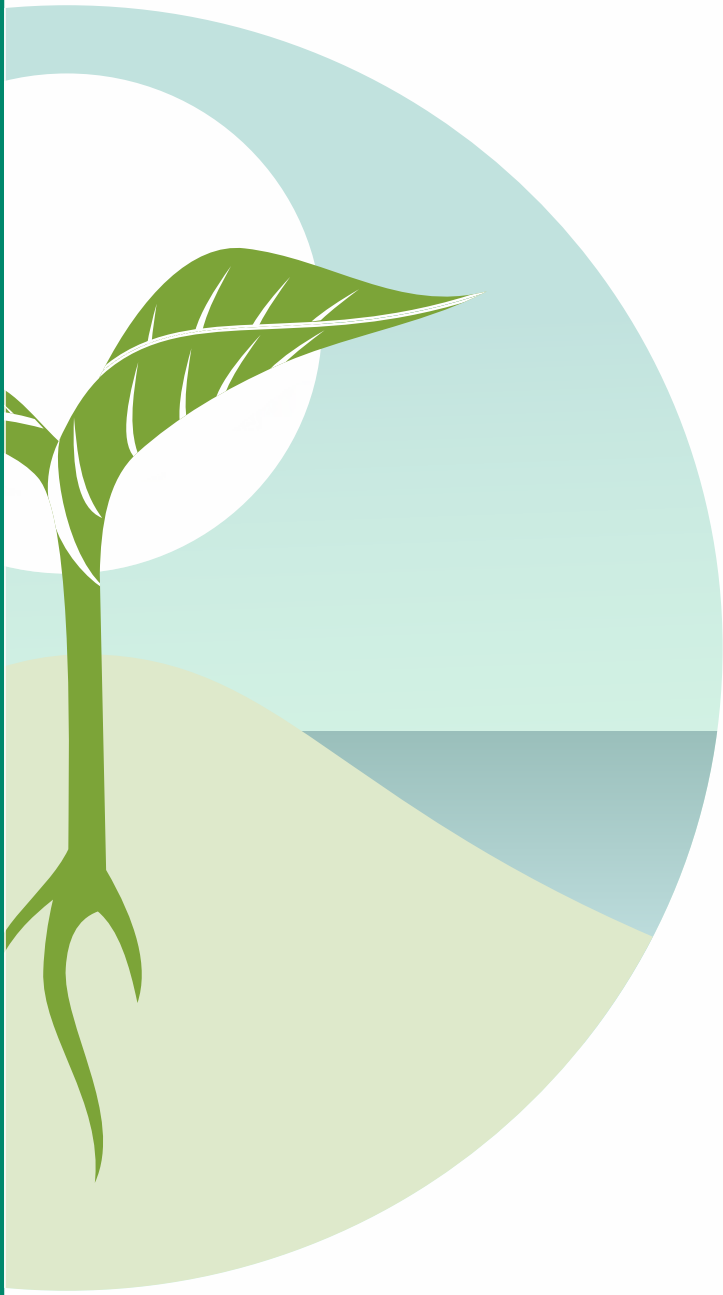
PRODUCT CATALOUGE



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 www.iafaayurveda.com

 info@iafaayurveda.com



IAFA[®]
AYURVEDA



HERBAL TEAS





AYURVEDA HERBAL TEA

Ayurveda herbal teas are the best known traditional herbal concoction of certain high potency herbs each having its own properties and working together to offer relaxation, enhanced immunity, detoxification etc. It is the best known ancient, safest and effective component of Ayurveda to help people for attaining health, wellness, and vitality written in our Ayurveda shastra. Interestingly, Vaidya's or Ayurvedacharya of India have been proven that the theory of Ayurvedic tea is fast acting allowing the digestive system to absorb all these herbs in an effective way. Thus it offers a goodness of aroma and a lot of health benefits of medicines at the same time. IAFA Ayurveda reached on the key point that Ayurvedic teas do not contain any destructive ingredients, making them safe to consume in a healthy person for optimum health as it has no side effects. Tea's when administered orally offer tremendous benefits to discard the ailments; immunize the body and overall health, which no other method of ingesting herb can perform. At IAFA Ayurveda a wide array of herbal teas are prepared with no caffeine, no nicotine, no gluten and no added sugar; are advisable in different health ailments to get support to live disease free lifestyle. We at IAFA are trying to provide a gift of nature by producing the best quality products having maximum purity and transparency for the welfare of mankind.

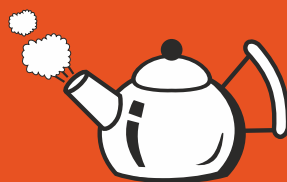
100% Natural Herbal Tea, without Caffeine, Nicotine free, Gluten Free No Added Sugar



Directions: Mix with spoon before use. Use 2-3 gm or a half teaspoon for one cup (100ml) tea. Boil it for 3-4 minutes and strain and serve.



Place a half teaspoon per cup (100ml water)



Boil the water for 3-4 minutes



Strain & serve



You can add honey or jaggery as per taste. Best when consumed without sweetener. Don't drink water after consuming if needed drink warm water.

AAHAR AMRUTHAM CHAI



IAFA[®]
AYURVEDA



Parushaka



Padmakast



Kharjura



Kamal Psuhpa

AYURVEDA HERBAL TEA

Supports complete
digestion of a wide
range of foods*
Vata, Pitta & Kapha
balancing tea





COMPOSITION

Each 100gm ** contains

Parushaka	Grewia Asiatica Linn.	25gm
Kharjura	Phoenix Dactylifera	25gm
Sariva	Hemidesmus Indicus	25gm
Kamal Psupha	Nelumbo Nucifera	7.5gm
Amalki	Emblica Officinalis	7.5gm
Padmakast	Prunus Cerasoides	10gm
Preservative	Sodium Benzoate	0.25%

**Daily Value Not Established

DOSAGE

Adults : Half teaspoon (2.5g approx) for one cup of tea twice in a day.

Children above 10 years and up to 14 year old : One by fourth teaspoon (1g approx) for one cup of tea twice in a day.

Children below 10 years : must fix the dose by consulting an Ayurvedic doctor.

AYURVEDA HERBAL TEA

DESCRIPTION

Aahar Amrutham Chai is a proprietary Ayurvedic preparation carefully crafted with 6 Ayurvedic herbs used for the alleviation of food related health ailments in the body due to incompatible food habits or incorporation of foreign and unfamiliar food. The tea contains ingredients like Parushaka, Kharjura, Sariva, Padamakast etc. all these herbs help to alleviate Anna-Rasa-Udaka Vaha Srotasam Atipravrtti. Kamal psuhpa have extensive power to absorb essential nutrients from the food and assure a good digestive fire balance to eliminate Aama visha (difficult to digest products generated within the body). This tea is fortified with antioxidant herbs like Amalki, the second richest source of vitamin C (ascorbic acid). All these herbs in combination have extensive antispasmodic and anti-inflammatory properties.

Supports complete digestion
of a wide range of foods*
Vata, Pitta & Kapha
balancing tea





IAFA[®]
AYURVEDA

Infused with
7
Antimicrobial Herbs



Katurohini



Pada



Daruharidra



Kutaja



Khadira



Chirayata



Manjista

AYURVEDA HERBAL TEA

**IAFA[®] AF-7
TEA**

Immune system
rejuvenation
Pitta balancing tea



**Pacify your pitta dosha with Ayurveda tea
cleanse your skin with herbal approach!!!**



COMPOSITION

Each 100gm ** contains

Katurohini	Picrorhiza Kurroa	15gm
Pada	Cissampelos Pareira	15gm
Daruharidra	Berberis Aristata	15gm
Manjista	Rubia Cordifolia	15gm
Kutaja	Holarrhena Antidysenterica	15gm
Khadira	Acacia Catechu	15gm
Chirayata	Swertia Chirata	10gm
Preservative	Sodium Benzoate	0.25%

**** Daily Value Not Established**

DOSAGE

Adults : Half teaspoon (2.5g approx) for one cup of tea twice in a day.

Children above 10 years and up to 14 year old : One by fourth teaspoon (1g approx) for one cup of tea twice in a day.

Children below 10 years : must fix the dose by consulting an Ayurvedic doctor.

AYURVEDA HERBAL TEA

DESCRIPTION

IAFA AF-7 Tea is a proprietary Ayurvedic preparation carefully crafted with 7 immune system rejuvenating Ayurvedic herbs under experienced healthcare professionals of Institute of Applied Food Allergy®. The tea contains ingredients like Picrorhiza kurroa, Cissampelos pareira, Rubia cordifolia, Holarrhena antidysenterica, Acacia catechu, Swertia chirata etc. and is beneficial to maintain healthy skin balance. All these herbs in combination have extensive Pitta pacifying action that helps to alleviate Rasa-Rakta Vaha Srotasam Atipravriti. The tea is prepared by using good quality herbs and does not have any side effects. People having conditions like burning sensation, itching, cracking, redness, soreness and skin irritation can prefer AF-7 tea. This tea is fortified with antioxidant herbs like Berberis aristata stem, and has a rich source of vitamin C. Regular usage of this tea promotes blood sugar metabolism*, also improves skin complexion keeping it young and beautiful for a long period of time.



**Immune system
rejuvenation
Pitta balancing tea**





IAFA[®]
AYURVEDA

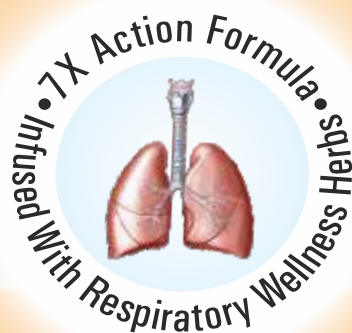
AYURVEDA HERBAL TEA

IAFA[®] RES CHAI-7

Relieves flu symptoms
& nasal congestion

Improves
energy flow

Strengthen
immune system



Detoxification

Relieves chest tightness
& dyspnea

Dispel
phlegm

Vata & Kapha
pacifying action

Helpful for respiratory
system wellness
Vata & Kapha balancing tea





COMPOSITION

Each 100gm ** contains

Tulsi	Ocimum Tenuiflorum	12gm
Karpooravalli	Coleus Aromaticus	16gm
Yashtimadhu	Glycyrrhiza Glabra	16gm
Changeri	Oxalis Corniculata	16gm
Chaimomail	Matricaria Chamomilla	16gm
Talisa Patra	Abies Webbiana	10gm
Joofa	Hyssopus Officinalis Linn.	4gm
Choti Pipal	Piper Longum	2gm
Ginger	Zingiber Officinale Roscoe	2gm
Ela	Elettaria Cardamomum	1gm
Dalchini	Cinnamomum Zeylanicum	1gm
Yavakshara	Hordeum Vulgare	4gm
Preservative	Sodium Benzoate	0.25%

** Daily Value Not Established

AYURVEDA HERBAL TEA

DESCRIPTION

IAFA Res Chai-7 Tea is a proprietary Ayurvedic preparation carefully crafted with 7 Ayurvedic herbs for respiratory system wellness. The tea contains ingredients like Ocimum tenuiflorum, Coleus aromaticus, Glycyrrhiza glabra, Abies webbiana, Hyssopus officinalis etc. and is beneficial for overall health of the body. All these herbs in combination have extensive Vata and Kapha pacifying action that have properties of alleviation of Prana Vaha Srotasam Atipravriti. The tea is prepared by using good quality herbs and does not have any side effects. This tea is fortified with antioxidant herbs like Oxalis corniculata and Matricaria chamomilla which have rich sources of vitamin C. Regular usage of this tea stimulate digestion to eliminate Aama Visha (difficult to digest products generated within the body) and also helpful for the relaxation of mind.

DOSAGE

Adults : Half teaspoon (2.5g approx) for one cup of tea twice in a day.

Children above 10 years and up to 14 year old : One by fourth teaspoon (1g approx) for one cup of tea twice in a day.

Children below 10 years : must fix the dose by consulting an Ayurvedic doctor.

Helpful for respiratory
system wellness
Vata & Kapha balancing tea



SKIN BEAU-TEA



IAFA[®]
AYURVEDA



Peruka-Patra



Amra Patra



Sonf



Kashmiri Kesar

AYURVEDA HERBAL TEA

Skin rejuvenation &
detoxification
Pitta balancing



A unique blend of 7 skin rejuvenating pitta balancing Ayurvedic herbs with



COMPOSITION

Each 100gm ** contains

Padmaka	Prunus Puddum	20gm
Brahmi	Bacopa Monnieri	5gm
Khadira	Acacia Catechu	20gm
Sariva	Hemidesmus Indicus	20gm
Vidanga	Embelia Ribes	5gm
Gajwan	Unosma Bracteatum	5gm
Usba	Smilax Macrophylla	10gm
Sonf	Foeniculum Ulgare Mill.	4gm
Kashmiri Kesar	Crocus Sativus Linn.	1gm
Peruka Patra	Psidium Guajava	5gm
Amra Patra	Mangifera Indica	5gm
Preservative	Sodium Benzoate	0.25%

** Daily Value Not Established

AYURVEDA HERBAL TEA

DESCRIPTION

It is a proprietary Ayurvedic preparation carefully crafted with 7 skin rejuvenating pitta balancing Ayurvedic herbs under experienced healthcare professionals of Institute of Applied Food Allergy[®]. The tea contains ingredients like Prunus puddum, Acacia catechu, Hemidesmus indicus, Embelia ribes, Unosma bracteatum, Smilax macrophylla etc. that helps to alleviate Rasa-Rakta Vaha Srotasam Atipravriti. All these herbs in combination have extensive pitta pacifying properties that help to alleviate excessive sweating and burning sensation; and also gastrointestinal care properties to eliminate Aama visha (a state of indigestion and malabsorption at digestive and cellular levels). This tea is further fortified with antioxidant herbs like Crocus sativus linn. flower petals, Psidium guajava leaves and Mangifera indica leaves have rich sources of vitamin C and E. Regular usage of this tea helps promotes blood sugar metabolism*, also improves skin complexion keeping it young and beautiful for a long period of time.

DOSAGE

Adults : Half teaspoon (2.5g approx) for one cup of tea twice in a day.

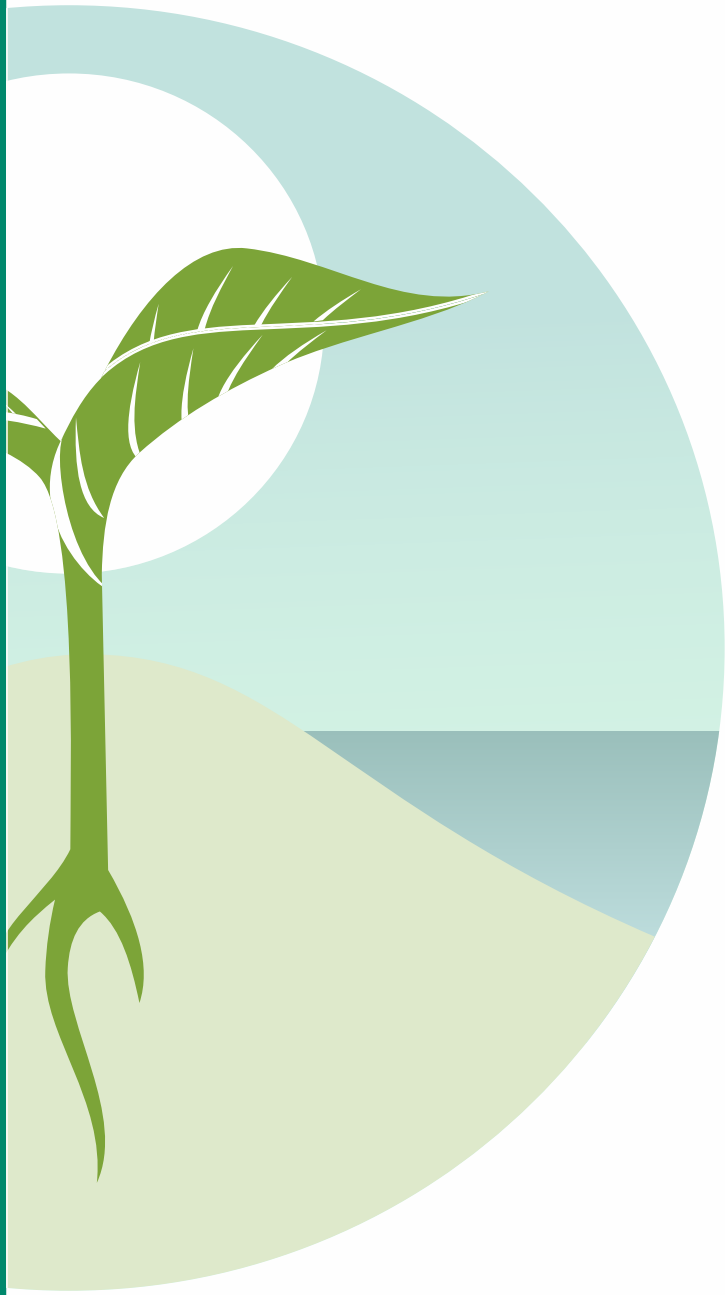
Children above 10 years and up to 14 year old : One by fourth teaspoon (1g approx) for one cup of tea twice in a day.

Children below 10 years : must fix the dose by consulting an Ayurvedic doctor.



Skin rejuvenation &
detoxification
Pitta balancing





IAFA[®]
AYURVEDA



SINGLE HERBAL CAPSULES



WITHANIA SOMNIFERA

"अश्वस्येव गन्धः उत्साहः येन"

A perfect "Single Herb" for vigour & vitality!

COMPOSITION

Each 500mg** capsule contains

Ashwagandha (Extract)	Withania Somnifera	500mg
Preservatives and Other Excipients		QS

**Daily Value Not Established

DOSAGE

1-2 capsules twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

SINGLE HERBAL CAPSULE

INDICATIONS

Supports to increase weight & boost immunity, useful in insomnia, tiredness, arthritis, vigour and vitality.



IAFA[®] ASHWAGANDHA ROOT CAPSULES

Stress relief & sleep well
Energy & vitality

60 Veg. Capsules
Ayurvedic Proprietary Medicine



PHYLLANTHUS EMBLICA

“आमलते धारयति शरीरम् वा रसायनगुणान्”

A perfect “Single Herb” for lengthening lifespan and invigorating the body!

COMPOSITION

Each 500mg** capsule contains

Amalaki Fruit (Extract)	Phyllanthus Emblica	500mg
Preservatives and Other Excipients		QS

**Daily Value Not Established

DOSAGE

1-2 capsules twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

SINGLE HERBAL CAPSULE

INDICATIONS

Hyperacidity, flatulence, abdominal distension, indigestion, low immunity, skin diseases, promotes hair growth and improves eye sight.



IAFA[®] AMLA CAPSULES

Vata, Pitta & Kapha Balancing
Rasayan Richest source of Vitamin C

60 Veg. Capsules
Ayurvedic Proprietary Medicine





BACOPA MONNIERI

A perfect "Single Herb" to promote intelligence, memory & concentration*!

COMPOSITION

Each 500mg** capsule contains

Brahmi (Extract)	Bacopa Monnieri	500mg
Preservatives and Other Excipients		QS

**Daily Value Not Established

DOSAGE

1-2 capsules twice a day or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

SINGLE HERBAL CAPSULE

INDICATIONS

Supports to improve brain function, anti aging & anti diabetic. Useful in insomnia, tiredness, arthritis, IBS, allergic skin & respiratory conditions.



IAFA[®] BRAHMI CAPSULES

Vata and Pitta Balancing
Rejuvenate the mind and alertness

60 Veg. Capsules
Ayurvedic Proprietary Medicine





SINGLE HERBAL CAPSULE

PHYLLANTHUS NIRURI

A perfect "Single Herb" for detoxification of liver and spleen wellness*!

COMPOSITION

Each 500mg** capsule contains

Bhoomi Amla (Extract)	Phyllanthus Niruri	500mg
Preservatives and Other Excipients		QS

**Daily Value Not Established

DOSAGE

1-2 capsules twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

INDICATIONS

Support liver (Jaundice) and spleen diseases. To be consumed in stomach disorders, indigestion and for stabilization of pancreas. Helpful in hepatitis, malarial fever and burning sensation in the body.



IAFA[®] BHOOMI AMLA CAPSULES

Kapha & Pitta Balancing
Liver & Spleen wellness

60 Veg. Capsules
Ayurvedic Proprietary Medicine



OXALIS CORNICULATA

A perfect "Single Herb" for digestive fire balance and healthy gastrointestinal system!

COMPOSITION

Each 500mg** capsule contains

Changeri (Extract)	Oxalis Corniculata	500mg
Preservatives and Other Excipients		QS

**Daily Value Not Established

DOSAGE

1-2 capsules twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

AYURVEDA HERBAL CAPSULE

INDICATIONS

Improves digestion, useful in Piles and Fistula and helps to fight against viral infection like Warts, Corns & other Excrescences. Rich in Vitamin A, B, C, D, E & K and helpful in Cancer, AIDS and Weakness.



IAFA[®] CHANGERI CAPSULES

Vata Kapha-pacifying action
Appetizer's & Digestant's

60 Veg. Capsules
Ayurvedic Proprietary Medicine



CYNODON DACTYLON

A perfect single herb
for alleviation of Pitta
Doshas related ailments!

COMPOSITION

Each 500mg** capsule contains

Durva (Extract)	Cynodon Dactylon	500mg
Preservatives and Other Excipients		QS

**Daily Value Not Established

DOSAGE

1-2 capsules twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

AYURVEDA HERBAL CAPSULE

INDICATIONS

Works as Kustaghna (relieves skin diseases), Dahasamaka (relieves burning sensation) & Trishnhara (relieves excessive thirst). Useful in Raktapitta (Internal bleeding), Raktarsas (external bleeding piles) Visarpa (erysipelas) & Amlapitta (hyperacidity).



IAFA[®] DURVA CAPSULES

Pitta-pacifying action
Immune-modulator action

60 Veg. Capsules
Ayurvedic Proprietary Medicine



CICHORIUM INTYBUS

A perfect "Single Herb" for hepatobiliary system wellness and healthy kidney balance!

COMPOSITION

Each 500mg** capsule contains

Kasini (Extract)	Cichorium Intybus	500mg
Preservatives and Other Excipients		QS

**Daily Value Not Established

DOSAGE

1-2 capsules twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

AYURVEDA HERBAL CAPSULE

INDICATIONS

Useful in Kidney disorders, Spleen enlargement, Liver detoxification, Jaundice, Indigestion, Pitta Dosha related disorders, Pittaj Jwar (fever) due to bile, Gallstones.



IAFA[®] KASINI CAPSULES

Pitta-pacifying action
Hepatobiliary and Kidney wellness

60 Veg. Capsules
Ayurvedic Proprietary Medicine





MORINGA OLEIFERA

**A Powerful Antioxidant,
Anti-Inflammatory & Detoxifier**

COMPOSITION

Each 500mg** capsule contains

Moringa (Extract)	Moringa Oleifera	500mg
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** Daily Value Not Established

DOSAGE

1-2 capsules twice a day or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

SINGLE HERBAL CAPSULE

natural source of
92 nutrients
+ 46 antioxidants



IAFA[®]
AYURVEDA

IAFA[®]
MORINGA
CAPSULES

Kapha & Vata balancing

60 Veg. Capsules

NON
GMO

FUMARIA INDICA

A perfect "Single Herb" for alleviation of Pitta Doshas related ailments !

COMPOSITION

Each 500mg** capsule contains

Pitpapa Panchang (Extract)	Fumaria Indica	500mg
Preservatives and Other Excipients		QS

** Daily Value Not Established

DOSAGE

1-2 capsules twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

AYURVEDA HERBAL CAPSULE

INDICATIONS

Useful in pitta dosha in balance disorders like Hyperacidity, Gallbladder Stones, Liver Disorders, Pittaj Jwar (Fever) associated with excess sweating and thirst and Netra Abhishyanda (Conjunctivitis).



IAFA[®] PITPAPRA CAPSULES

Pitta-pacifying action
Gastrointestinal repair & care

60 Veg. Capsules
Ayurvedic Proprietary Medicine



ASPARAGUS RACEMOSUS

A perfect "Single Herb" to support women wellness*!

COMPOSITION

Each 500mg** capsule contains

Shatavari (Extract)	Asparagus Racemosus	500mg
Preservatives and Other Excipients		QS

** Daily Value Not Established

DOSAGE

1-2 capsules twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

SINGLE HERBAL CAPSULE

INDICATIONS

Supports women's health, regulates menstrual cycle, promotes breast milk production & useful in female infertility. Support digestive system, useful in insomnia, tiredness & arthritis. Aphrodisiac, rejuvenates and improves vision.



IAFA[®] SHATAVARI CAPSULES

Vata and Pitta Balancing
Promotes hormonal balance

60 Veg. Capsules
Ayurvedic Proprietary Medicine





A perfect "Single Herb" to support men wellness!

COMPOSITION

Each 500mg** capsule contains

Shilajit (Extract)	500mg
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**Daily Value Not Established

DOSAGE

1 capsules twice a day or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

SINGLE HERBAL CAPSULE

highly purified mineral exudate
SHILAJIT 6% fulvic acid



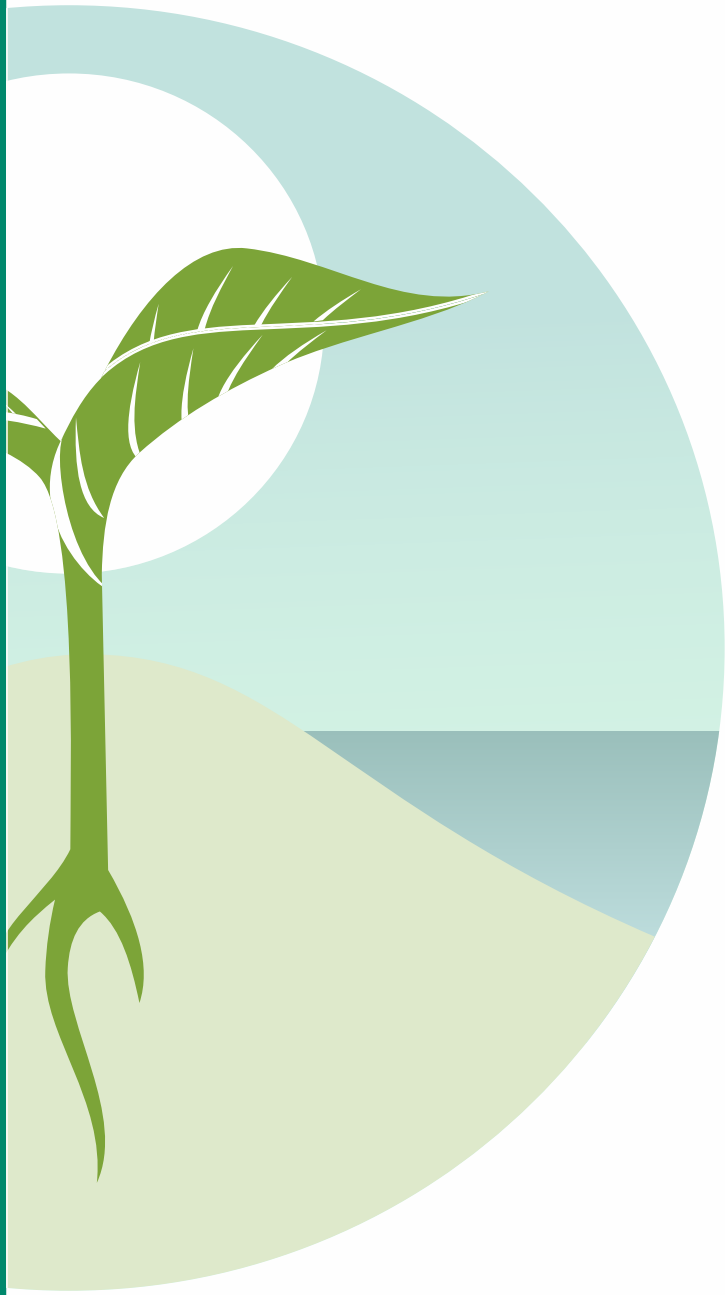
IAFA[®]
AYURVEDA

IAFA[®]
SHILAJIT
CAPSULES

Strength & Stamina
Vigour & Vitality
Vata & Kapha balancing

60 Veg. Capsules

NON
GMO



IAFA[®]
AYURVEDA



POLY HERBAL CAPSULES



high absorption **95%** standardized **curcuminoids** + piperine extract



COMPOSITION

Each 500mg** capsule contains

Curcumin (Extract) 95%	475mg
Piperine (Extract) 95%	25mg

** Daily Value Not Established

DOSAGE

Adults take 2 capsules daily with meals or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

AYURVEDA HERBAL CAPSULE

INDICATIONS

Boost immunity and cellular defense. Can be used in recurrent cough and cold, gastrointestinal disorders, skin & blood disorders. Supports joint & heart health.



IAFA[®]
CURCUMIN
high absorption
95% standardized **curcuminoids**
+ piperine extract

60 Veg. Capsules





Sapatrangi



Rakt Mirach



Shudh Shilajit



Kutki

Infused
with
Instantly
Acting
Herbs

AYURVEDA HERBAL CAPSULE



IAFA[®]
AYURVEDA

A perfect proprietary
blend for healthy blood
glucose level & sugar
metabolism!



IAFA[®]
INSUNORM
CAPSULES

Natural Blood Sugar Optimizer

60 Veg. Capsules
Ayurvedic Proprietary Medicine



IAFA Insunorm vegetarian capsule is one of most effectively used herbal preparations giving relief to long suffering from high blood glucose level. It is developed under experienced healthcare professionals of Institute of Applied Food Allergy[®]. The capsule contains herbs like Salacia chinensis, Capsicum annum, Picrorhiza kurroa etc. and is found to have excellent blood sugar metabolism action.

COMPOSITION

Each 500mg** capsule contains

Gurmar	<i>Gymnema Sylvestre</i>	100mg
Manjist	<i>Rubia Cordifolia</i>	75mg
Karanj	<i>Pongamia Glabra Vent.</i>	50mg
Methi	<i>Trigonella Foenumgraecum Linn.</i>	50mg
Chirayata	<i>Swerta Chirata</i>	50mg
Sapatrangi	<i>Salacia Chinensis Linn.</i>	25mg
Rakt Mirach	<i>Capsicum Annum</i>	50mg
Kutki	<i>Picrorhiza Kurroa Exbanth</i>	50mg
Shudh Shilajit	<i>Black Buttinum</i>	50mg
Preservatives and Other Excipients		QS

** Daily Value Not Established

DOSAGE

2 Capsule twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

AYURVEDA HERBAL CAPSULE

INDICATIONS

Support blood glucose level and promote sugar metabolism.



IAFA[®]
AYURVEDA

IAFA[®]
INSUNORM
CAPSULES

Natural Blood Sugar Optimizer

60 Veg. Capsules
Ayurvedic Proprietary Medicine



Infused with
3 Bowel
Wellness Herbs



Amalaki Fruit



Haritaki Fruit



Bibhitaki Fruit

Triphala is a time-tested formulation that cleanses and detoxifies the whole GI tract. Each of this fruit assures a good digestive fire balance to eliminate Aama visha (difficult to digest products generated within the body) and that's why nowadays it is also used as a colon cleanser. To remove the toxins that are destroying our body, triphala is an overnight formula that helps to promote waste and toxic elimination & assimilation of nutrients. The regular usage of this capsule can relieve the state of indigestion at the level of the digestive tract and tissue and thereby helps to remove fat deposits. It is rich in Vitamin C & antioxidants and improves vision.

AYURVEDA HERBAL CAPSULE



IAFA[®]
AYURVEDA

**A perfect ayurvedic
blend for healthy
metabolism & skin
rejuvenation!**



IAFA[®]
TRIPHALA
CAPSULES

Colon cleanser, helps promotes
waste & toxin elimination

60 Veg. Capsules
Ayurvedic Proprietary Medicine



COMPOSITION

Each 500mg** Capsule Contains

Amalaki Fruit (Extract)	Phyllanthus Emblica	160mg
Haritaki Fruit (Extract)	Terminalia Chebula	160mg
Bibhitaki Fruit (Extract)	Terminalia Belerica	160mg
Preservatives and Other Excipients		QS

** Daily Value Not Established

DOSAGE

1-2 capsules twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician. Safe for long term use. Non habit forming.

INDICATIONS

Constipation, flatulence, abdominal distension, indigestion, low immunity, cold, skin diseases and improves eyesight.

AYURVEDA HERBAL CAPSULE



IAFA[®]
AYURVEDA

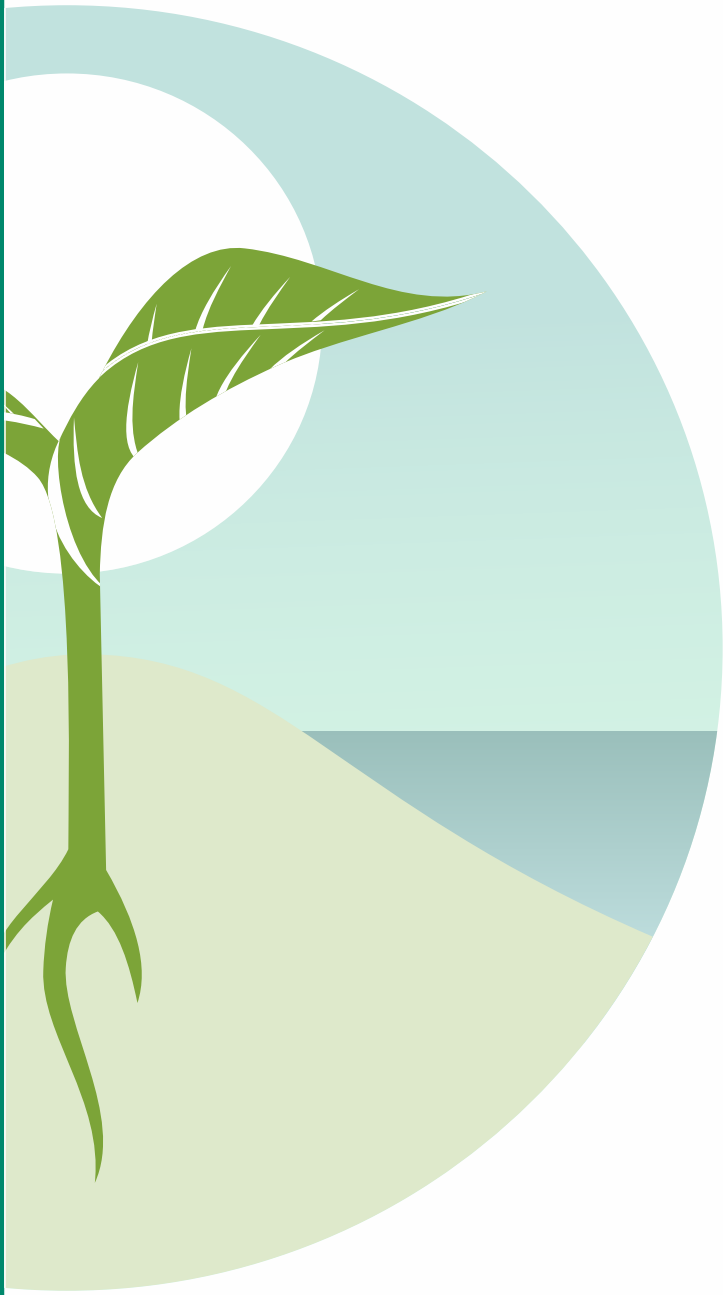


IAFA[®] TRIPHALA CAPSULES

Colon cleanser, helps promotes
waste & toxin elimination

60 Veg. Capsules
Ayurvedic Proprietary Medicine

NON
GMO



IAFA[®]
AYURVEDA



HERBAL JUICES





IAFA[®]
AYURVEDA

AYURVEDA HERBAL JUICE

IAFA SWARAS CHIKITSA

Swaras chikitsa is the best known ancient, safest, effective and fast acting kind of Ayurvedic treatment written in our Ayurveda shastra. Vaidya's or Ayurveda Acharya of India have been proven that the theory of Swaras bypass the digestive system and enter the bloodstream rapidly, allowing the body to absorb all these herbs in an effective way. Thus it can treat every disease in a very short time. Swaras are high potency herbal extracts in liquid form consisting of herbs, which are used alone or in compound form which offers a goodness of aroma and benefits of medicines at the same time. IAFA Ayurveda reached on the key point that Swaras do not contain any destructive ingredients, making them safe to consume in a healthy person for optimum health as it has no side effects. Swaras when administered orally offer tremendous benefits to discard the ailments; immunize the body and cure chronic diseases, which no other method of ingesting herb can perform. At IAFA Ayurveda a wide array of Swaras are prepared in form of single herb or in compound form and are advisable in different health ailments to get support to live disease free lifestyle. We at IAFA are trying to provide a gift of nature by producing the best quality products having maximum purity and transparency for the welfare of mankind.

Institute of Applied Food Allergy (IAFA), one of the most trusted, acclaimed & best Ayurvedic Institute for treatment of chronic allergies in India. Through the years of practice, research & propagation, IAFA has reached millions of our followers by giving "Wellness" to all.

Infused with

5

Digestive Wellness Herbs

Nirgundi



Shrifal



Bhoomi Amla



Chotti Dudhi



Punarnava



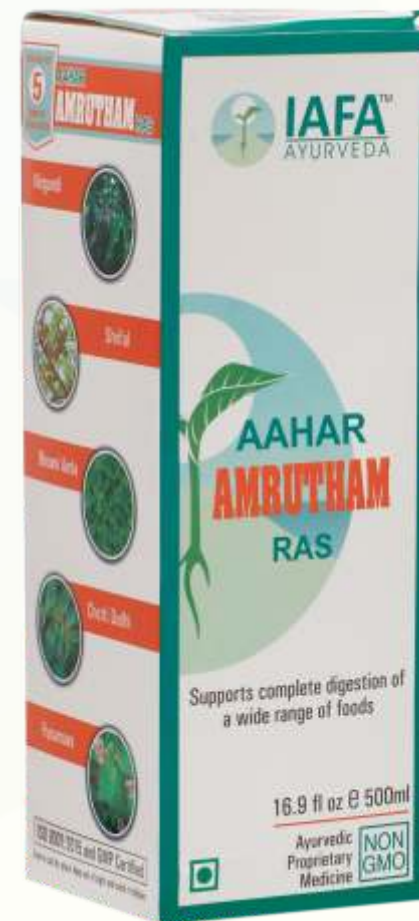
AYURVEDA HERBAL JUICE



IAFA[®]
AYURVEDA

AAHAR AMRUTHAM RAS

Supports complete digestion of
a wide range of foods



info@iafaayurveda.com



www.iafaayurveda.com

COMPOSITION

Each 100ml ** contains

Chotti Dudhi	Euphorbia Thymifolia	2ml
Nirgundi	Vitex Negundo Linn.	2ml
Shrifal	Aegle Marmelos	2ml
Bhoomi Amla	Phyllanthus Niruri	2ml
Punarnava	Boerhavia Diffusa	2ml
Preservatives and other Excipients		QS

** Daily Value Not Established

DOSAGE

Method of Usage: **Adults:** 30-60 ml twice a day. **Children above 5 up to 14 years:** 15-30 ml twice a day. **Children 1 to 5 years:** 2.5-5 ml twice a day with food or as directed by physician.

INDICATION

Useful in Gastrointestinal repair and care.

DESCRIPTION

Aahar Amrutham Ras is an Ayurvedic preparation carefully crafted with 5 potent Ayurvedic herbs used for the alleviation of food related health ailments in the body due to incompatible food habits or incorporation of foreign and unfamiliar food. The Ras contains ingredients like P. Niruri, E. Thymifolia, V. Negundo all these herbs in combination have gastrointestinal wellness properties by reducing microbial activities in the stomach and assure a good digestive fire balance to eliminate Aama Visha (difficult to digest products generated within the body). A. Marmelos, V. Negundo, B. Diffusia has extensive anti-helminths, antispasmodic & anti-inflammatory properties that can be administered to alleviate food allergic conditions. The regular usage of this Ras can relieve state of indigestion at the level of digestive tract and tissue, thus it acts as absorbent. It is used effectively in stabilization of pancreas. The preparation works by controlling enzymatic actions and is found to have no side effects.

A unique
herbal combination for
Gastrointestinal balance !



AAHAR
AMRUTHAM
RAS





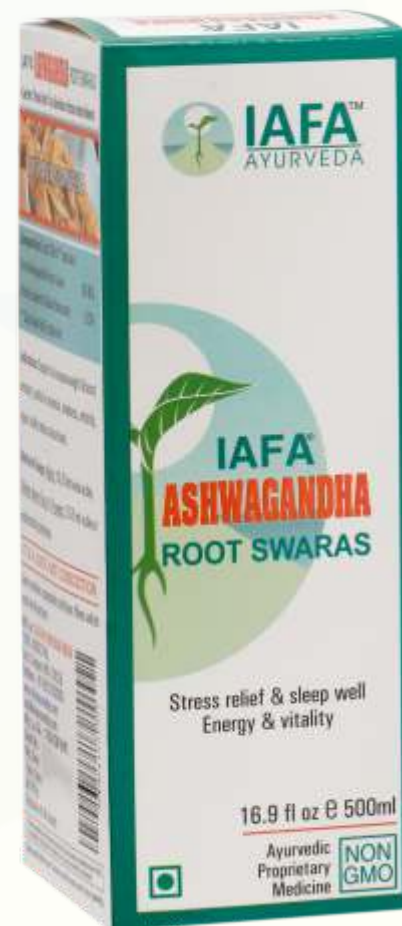
WITHANIA SOMNIFERA

WITHANIA SOMNIFERA JUICE



IAFA[®]
ASHWAGANDHA
ROOT SWARAS

Stress relief & sleep well
Energy & vitality



COMPOSITION

Each 100ml ** contains

Pure Ashwagandha Root Juice	Withania Somnifera	99.8%
Other Excipients	Sodium Benzoate	0.2%

** Daily Value Not Established

DOSAGE

Method of Usage: Adults: **30-60** ml twice a day.
Children above 5 up to 14 years: **15-30** ml twice a day.
Children 1 to 5 years: **2.5-5** ml twice a day with food or as directed by physician.

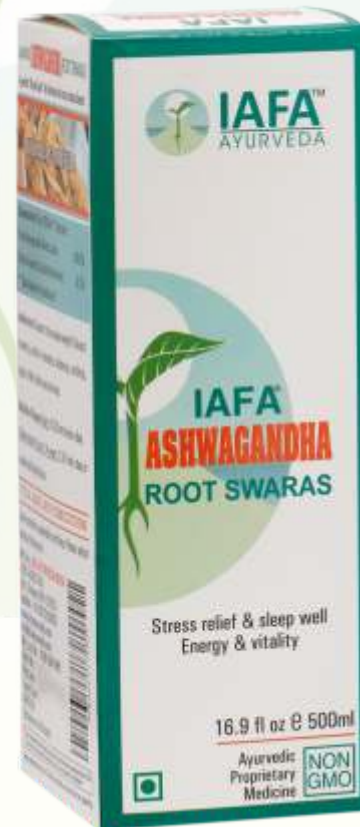
IT'S A JUICE, NOT CONCOCTION

Juice contains suspended nutritious fibres which settle at the bottom.
 Shake well before use. Consume within one month after opening.

INDICATION

Supports to increase weight & boost immunity, useful in insomnia, tiredness, arthritis, vigour, vitality and as sexual tonic.

A perfect "Herbal shots"
 for alleviation
 of stress related ailments!



IAFA[®]
ASHWAGANDHA
 ROOT SWARAS

PHYLLANTHUS NIRURI JUICE

IAFA[®]
BHOOMI AMLA
SWARAS

Supports in health ailments due
to liver & spleen enlargement



PHYLLANTHUS NIRURI

COMPOSITION

Each 100ml ** contains

Bhoomi Amla Panchang	Phyllanthus Niruri Juice	99.8%
Other Excipients	Sodium Benzoate	0.2%

** Daily Value Not Established

DOSAGE

Method of Usage: Adults: **30-60** ml twice a day.
Children above 5 up to 14 years: **15-30** ml twice a day.
Children 1 to 5 years: **2.5-5** ml twice a day with food or as directed by physician.

IT'S A JUICE, NOT CONCOCTION

Juice contains suspended nutritious fibres which settle at the bottom.
 Shake well before use. Consume within one month after opening.

INDICATION

Support liver (Jaundice) and spleen diseases.
 To be consumed in stomach disorders, indigestion and for stabilization of pancreas.
 Helpful in hepatitis, malarial fever and burning sensation in body.

A perfect "Herbal shots"
 for detoxification
 of liver and spleen wellness!



IAFA[®]
BHOOMI AMLA
SWARAS

Infused with

7

Ayurvedic Herbs

Satyanashi



Dronapushpi

Sirisha



Bhoomi Amla

Vasa



Dughdhika

Yashtimadhu



AYURVEDA HERBAL JUICE



IAFA[®]
AYURVEDA

**TOTAL
CARE
3X
RAS**

Respiratory system wellness &
healthy skin balance



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www.iafaayurveda.com

COMPOSITION

Each 100ml ** contains

Satyanashi	Argemone Mexicana	2ml
Dronpushpi	Leucas Cephalotes	1ml
Sirisha	Albizia Lebbeck	1ml
Bhoomi Amla	Phyllanthus Niruri	2ml
Vasa Putapaka	Adhatoda Vasica	2ml
Dughdhika	Euphorbia Hirta	2ml
Yavakshara	Hordeum Vulgare	100mg
Yashtimadhu	Glycyrrhiza Glabra	100mg
Preservatives & other Excipients		QS

** Daily Value Not Established

INDICATION

Helpful for Respiratory system disorder, Skin ailments and Allergies.

DOSAGE

Method of Usage: **Adults:** 30-60 ml twice a day. **Children above 5 up to 14 years:** 15-30 ml twice a day. **Children 1 to 5 years:** 2.5-5 ml twice a day with food or as directed by physician.

AYURVEDA  HERBAL JUICE

DESCRIPTION

IAFA Total Care 3X Ras is an Ayurvedic preparation carefully crafted with 7 potent Ayurvedic herbs. The Ras contains ingredients like A. Mexicana, L. Cephalotes, A. Vasica, E. Hirta can be administered to relieve conditions like shallow breathing, bronchitis, nasal allergies, recurrent cough & cold and alleviate skin allergic conditions. P. Niruri, G. Glabra, A. Lebbeck and E. Hirta has extensive anti-allergic properties and is beneficial in spreading skin diseases. This Ras will improve immune system rejuvenation & provide total care of the body.

A perfect Proprietary blend for Respiratory system wellness & healthy skin balance



**TOTAL
CARE
3X
RAS**

AYURVEDA HERBAL JUICE

OXALIS CORNICULATA JUICE



OXALIS CORNICULATA



IAFA[®] **CHANGERI** SWARAS

Vata Kapha-pacifying action
Appetizer's & Digestants



COMPOSITION

Each 100ml ** contains

Changeri Juice	Oxalis Corniculata	99.8%
Other Excipients	Sodium Benzoate	0.2%

**** Daily Value Not Established**

DOSAGE

Method of Usage: Adults: **30-60** ml twice a day.
Children above 5 up to 14 years: **15-30** ml twice a day.
Children 1 to 5 years: **2.5-5** ml twice a day with food or as directed by physician.

IT'S A JUICE, NOT CONCOCTION

Juice contains suspended nutritious fibres which settle at the bottom.
 Shake well before use. Consume within one month after opening.

INDICATION

Improves digestion thus useful in Piles and Fistula. Helps to fight against viral infection like Warts, Corns and other Excrescences. Rich in Vitamin A, B, C, D, E & K thus helpful in Cancer, AIDS and Weakness.



A perfect
 "Herbal shots" for
 digestive fire
 balance and healthy
 gastrointestinal
 system!



IAFA[®]
CHANGERI
 SWARAS

AYURVEDA HERBAL JUICE

EUPHORBIA THYMIFOLIA JUICE



EUPHORBIA THYMIFOLIA



IAFA[®] **CHHOTI DUDHI** SWARAS

Kapha-pacifying action
Respiratory system wellness
Healthy gastrointestinal balance



COMPOSITION

Each 100ml ** contains

Pure Juice of Chhoti Dudhi	Euphorbia Thymifolia	99.8%
Other Excipients	Sodium Benzoate	0.2%

** Daily Value Not Established

DOSAGE

Method of Usage: Adults: **30-60** ml twice a day.
Children above 5 up to 14 years: **15-30** ml twice a day.
Children 1 to 5 years: **2.5-5** ml twice a day with food or as directed by physician.

IT'S A JUICE, NOT CONCOCTION

Juice contains suspended nutritious fibres which settle at the bottom.
 Shake well before use. Consume within one month after opening.

INDICATION

Useful in Shallow Breathing, Bronchitis and Asthma. Helpful in Stomach Ulcer, Amoebiasis and Dysentery. Can be used externally in Skin Disorders, Fungal Infection and Warts.

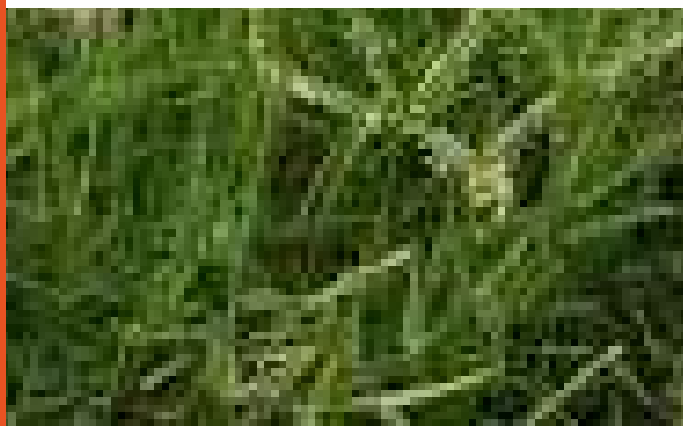


A perfect
 "Herbal shots" for
 respiratory system
 wellness and healthy
 gastrointestinal
 balance!



IAFA[®]
CHHOTI DUDHI
SWARAS

CYNODON DACTYLON JUICE



IAFA[®]
DURVA
SWARAS

Pitta-pacifying action
Immune-modulator action



COMPOSITION

Each 100ml ** contains

Pure Juice of Durve	Cynodon Dactylon	99.8%
Other Excipients	Sodium Benzoate	0.2%

** Daily Value Not Established

DOSAGE

Method of Usage: Adults: **30-60** ml twice a day.
Children above 5 up to 14 years: **15-30** ml twice a day.
Children 1 to 5 years: **2.5-5** ml twice a day with food or as directed by physician.

IT'S A JUICE, NOT CONCOCTION

Juice contains suspended nutritious fibres which settle at the bottom.
 Shake well before use. Consume within one month after opening.

INDICATION

Works as Kustaghna (relieves skin diseases), Dahasamaka (relieves burning sensation) & Trishnhara (relieves excessive thirst). Useful in Raktapitta (Internal bleeding), Raktarsas (external bleeding piles) Visarpa (erysipelas) & Amlapitta (hyperacidity).



A perfect "Herbal shots"
 for alleviation of
 Pitta Doshas related ailments !



IAFA[®]
DURVA
SWARAS

Infused with

5

Instantly Acting Herbs

Giloy Stem



Kalmegh Panchang



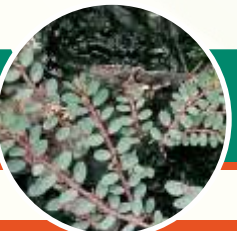
Tulsi Panchang



Adusa Leaf



Chotti Dudhi



AYURVEDA HERBAL JUICE



IAFA[®]
AYURVEDA

JWAR-HAR SWARAS

Taken at the first sign of fever
& flu symptoms
Immune modulator action



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www.iafaayurveda.com

COMPOSITION

Each 100ml ** contains

Giloy Stem Juice	Tinospora Cordifolia	3ml
Kalmegh Panchang	Andrographis Paniculata	3ml
Tulsi Panchang Juice	Ocimum Sanctum	2ml
Adusa Leaf Juice	Adhatoda Vasica	2ml
Chotti Dudhi	Euphoriba Thymifolia	1ml
Preservatives and other Excipients		QS

** Daily Value Not Established

DOSAGE

Adults: 30-60 ml twice a day. **Children above 5 up to 14 years:** 15-30 ml twice a day. **Children 1 to 5 years:** 2.5-5 ml twice a day with food or as directed by physician.

INDICATION

Helpful in fever with chills, nasal, sinus & chest congestion, running nose, sore throat, coughing and sneezing. Boost immunity to fight against recurrent viral infections, flu & respiratory tract ailments.

A perfect "Herbal shots" for alleviation of symptoms related to any fever!



JWAR-HAR SWARAS

CICHORIUM INTYBUS JUICE



IAFA[®] **KASINI** SWARAS

Pitta-pacifying action
Hepatobiliary & Kidney wellness



COMPOSITION

Each 100ml ** contains

Pure Juice of Kasini	Cichorium Intybus	99.8%
Other Excipients	Sodium Benzoate	0.2%

** Daily Value Not Established

DOSAGE

Method of Usage: Adults: **30-60** ml twice a day.
Children above 5 up to 14 years: **15-30** ml twice a day.
Children 1 to 5 years: **2.5-5** ml twice a day with food or as directed by physician.

IT'S A JUICE, NOT CONCOCTION

Juice contains suspended nutritious fibres which settle at the bottom.
 Shake well before use. Consume within one month after opening.

INDICATION

Useful in Kidney disorders, Spleen enlargement, Liver detoxification, Jaundice, Indigestion, Pitta Dosha related disorders, Pittaj Jwar (fever) due to bile, Gallstones.



A perfect "Herbal shots" for hepatobiliary system wellness and healthy kidney balance!

IAFA[®]
KASINI
SWARAS





SOLANUM NIGRUM



SOLANUM NIGRUM JUICE



IAFA[®] MAKOYE SWARAS

Vata, Pitta & Kapha balancing
Anti inflammatory action



COMPOSITION

Each 100ml ** contains

Makoye (Kakmachi)	Solanum Nigrum	99.8%
Other Excipients	Sodium Benzoate	0.2%

** Daily Value Not Established

DOSAGE

Adults: 30-60 ml twice a day. **Children above 5 up to 14 years:** 15-30 ml twice a day. **Children 1 to 5 years:** 2.5-5 ml twice a day with food or as directed by physician.

IT'S A JUICE, NOT CONCOCTION

Juice contains suspended nutritious fibres which settle at the bottom.

INDICATION

Useful in Heart, Kidney, Liver, Gall bladder and Prostate swelling. Vata, Pitta & Kapha Dosha related disorders. Helpful in Skin diseases- Pruritis, Psoriasis and superficial fungal infections. Jwar (fever), Diarrhea and Gout.

A perfect "Herbal shots" for overall wellness and healthy skin balance!



IAFA[®]
MAKOYE
SWARAS

Vata, Pitta & Kapha balancing
 Anti inflammatory action



BOERHAVIA DIFFUSE JUICE

IAFA[®] PUNARNAVA SWARAS

Kapha-Pitta balancing action
Kidney and Hepatobiliary wellness



COMPOSITION

Each 100ml ** contains

Punarnava Panchang	Boerhavia Diffusa	99.8%
Other Excipients	Sodium Benzoate	0.2%

** Daily Value Not Established

DOSAGE

Adults: 30-60 ml twice a day. **Children above 5 up to 14 years:** 15-30 ml twice a day. **Children 1 to 5 years:** 2.5-5 ml twice a day with food or as directed by physician.

IT'S A JUICE, NOT CONCOCTION

Juice contains suspended nutritious fibres which settle at the bottom. Shake well before use. Consume within one month after opening.

INDICATION

Useful in Kidney disorders and stones, Liver disorders and Gall stones, Kapha & Pitta Dosha related disorders. Anemia due to spleen problem. Helpful in Skin diseases and Pruritis.

A perfect "Herbal shots" for hepatobiliary system wellness and healthy kidney balance!



IAFA[®]
PUNARNAVA
SWARAS

Kapha-Pitta balancing action
 Kidney and Hepatobiliary wellness



IAFA[®]
AYURVEDA

AYURVEDA HERBAL JUICE



FUMARIA INDICA

FUMARIA INDICA JUICE



IAFA[®] PITPAPRA SWARAS

Pitta-pacifying action
Gastrointestinal repair & care



COMPOSITION

Each 100ml ** contains

Pitpapra Panchang Juice	Fumaria Indica	99.8%
Other Excipients	Sodium Benzoate	0.2%

**** Daily Value Not Established**

DOSAGE

Method of Usage: Adults: **30-60** ml twice a day.
Children above 5 up to 14 years: **15-30** ml twice a day.
Children 1 to 5 years: **2.5-5** ml twice a day with food or as directed by physician.

IT'S A JUICE, NOT CONCOCTION

Juice contains suspended nutritious fibres which settle at the bottom.
 Shake well before use. Consume within one month after opening.

INDICATION

Useful in pitta dosha in balance disorders like Hyperactivity, Gallbladder Stones, Liver Disorders, Pittaj Jwar (Fever) associated with excess sweating and thirst and Netra Abhishyanda (Conjunctivitis).



A perfect "Herbal shots" for hepatobiliary system wellness and healthy kidney balance!



IAFA[®]
PITPAPRA
SWARAS

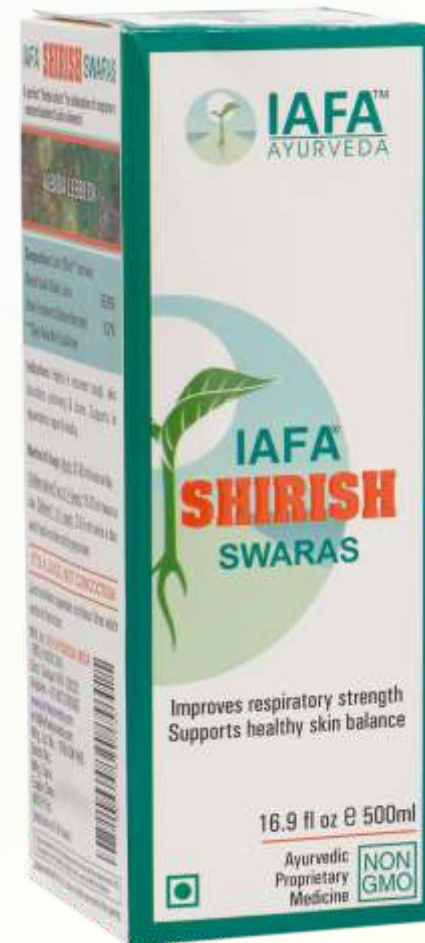


ALBIZIA LEBBECK JUICE



IAFA[®] **SHIRISH SWARAS**

Improves respiratory strength
Supports healthy skin balance



COMPOSITION

Each 100ml ** contains

Shirish (Leaf & Bark) Juice	Albizia Lebbeck	99.8%
Other Excipients	Sodium Benzoate	0.2%

**** Daily Value Not Established**

DOSAGE

Method of Usage: Adults: **30-60** ml twice a day.
Children above 5 up to 14 years: **15-30** ml twice a day.
Children 1 to 5 years: **2.5-5** ml twice a day with food or as directed by physician.

IT'S A JUICE, NOT CONCOCTION

Juice contains suspended nutritious fibres which settle at the bottom.
 Shake well before use. Consume within one month after opening.

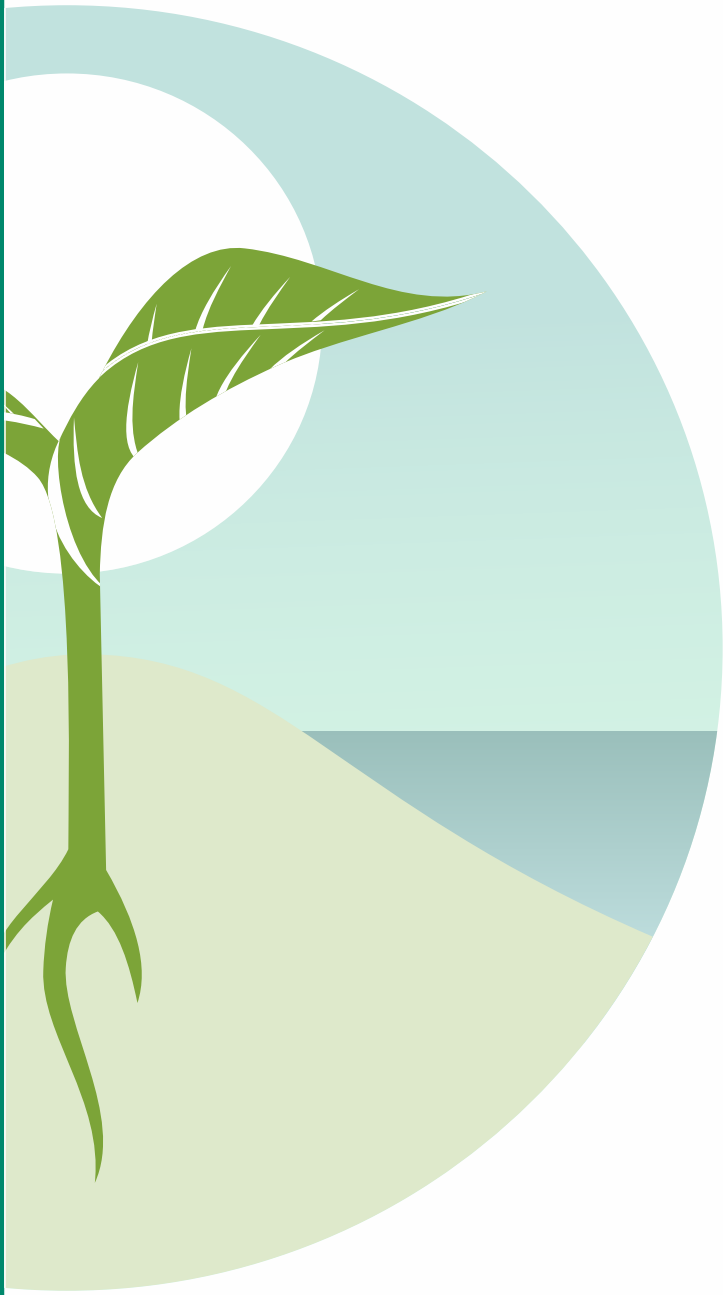
INDICATION

Helpful in recurrent cough, skin disorders, poisoning & ulcers. Supports in rejuvenation, vigour & vitality.

A perfect "Herbal shots" for alleviation of respiratory system disorders & skin ailments!



IAFA[®]
SHIRISH
SWARAS



IAFA[®]
AYURVEDA



SINGLE HERBAL POWDERS





PHYLLANTHUS NIRURI



Bhoomi Amla Powder भूमिअमला चूर्ण

Supports in health ailments due
to liver & spleen enlargement

7 oz 200 mg
An Ayurvedic Medicine

NON
GMO



COMPOSITION

Each 100gm ** contains

Bhoomi Amla Panchang	Phyllanthus Niruri Powder	99.8%
Other Excipients	Sodium Benzoate	0.2%

** Daily Value Not Established

DOSAGE

Half (2.5g approx) to One (5g approx) teaspoon twice daily with plain water. The proper dosage can be fixed with the help of an Ayurvedic doctor. Consume within one month after opening.

INDICATIONS

Support liver (Jaundice) and spleen diseases. To be consumed in stomach disorders, indigestion and for stabilization of pancreas. Helpful in hepatitis, malarial fever and burning sensation in body.

AYURVEDA HERBAL POWDER

A perfect "Single Herb"
fordetoxification of liver and
spleen wellness!



Bhoomi Amla Powder भूमिअमला चूर्ण

Supports in health ailments due
to liver & spleen enlargement

7 oz 200 mg
An Ayurvedic Medicine

NON
GMO



ALBIZIA LEBBECK



SHIRISH

Chhal Powder

शिरिष छाल चूर्ण

Improves respiratory strength
Supports healthy skin balance

7 oz 200 gm
An Ayurvedic Medicine

NON
GMO



COMPOSITION

Each 100gm ** contains

Shirish (Bark) powder	Albizia Lebbeck	99.8%
Other Excipients	Sodium Benzoate	0.2%

** Daily Value Not Established

DOSAGE

Half (2.5g approx) to One (5g approx) teaspoon twice daily with plain water. The proper dosage can be fixed with the help of an Ayurvedic doctor. Consume within one month after opening.

INDICATIONS

Helpful in recurrent cough, skin disorders, poisoning & ulcers. Supports in rejuvenation, vigour & vitality.

AYURVEDA HERBAL POWDER

**A perfect "Single Herb" for
alleviation of respiratory
system wellness & skin ailments!**



SHIRISH

Chhal Powder

शिरिष छाल चूर्ण

Improves respiratory strength
Supports healthy skin balance

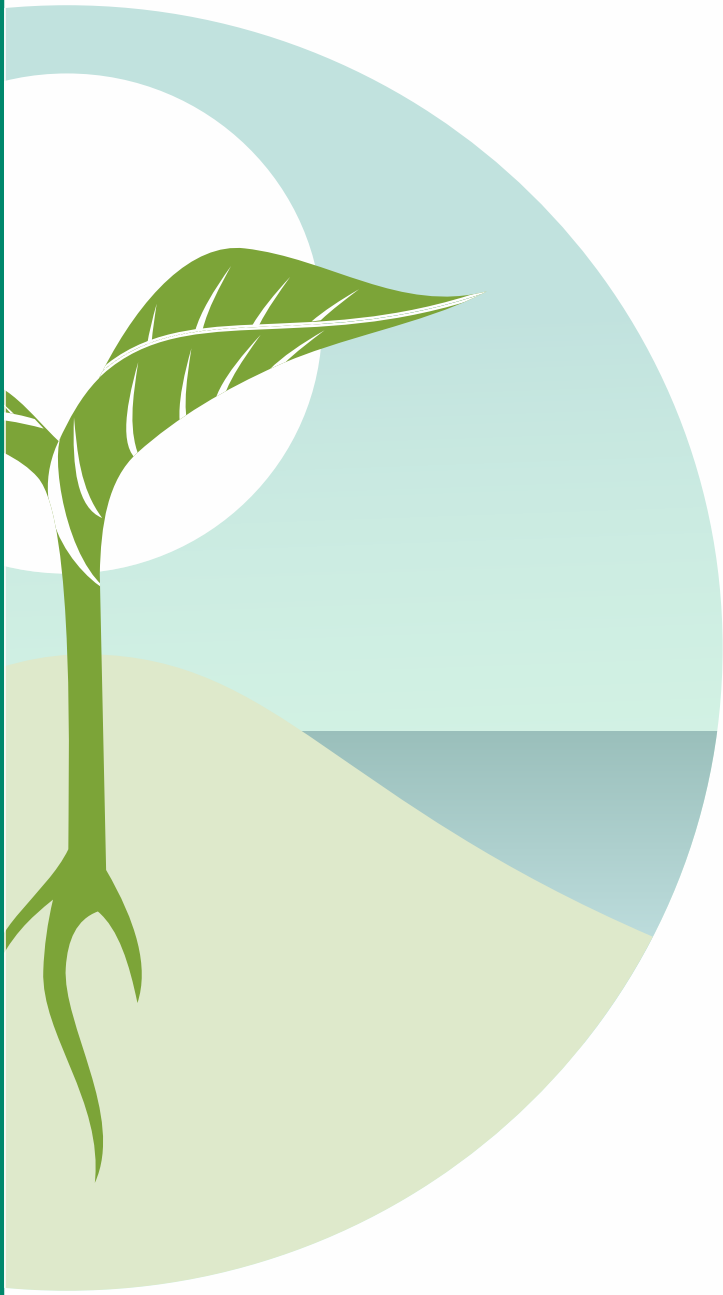
7 oz 200 gm
An Ayurvedic Medicine



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www.iafaayurveda.com



IAFA[®]
AYURVEDA



HERBAL POWDERS BLENDS



Infused with

7

Antimicrobial
Herbs



Nimba



Khadira



Asana



Lodhra

DESCRIPTION

It is a time tested Ayurvedic formula useful in all type skin infections due to its anti-microbial and anti-allergic activity. The powder is an efficient solution for the increasing skin adverse conditions like itching, scaling, cracking, burning, soreness, and chafing of the skin etc. It is a unique preparation of skin friendly 7 herbs which aids in the alleviation of all type of microbial infections present over skin, nail, scalp, anal region & genital area. It is a safe powder, which can be applied externally to patients of any age and also has wound cleansing properties.

AYURVEDA HERBAL POWDER



IAFA[®] AF-7 POWDER

Antimicrobial Management*

3.5 oz 100 gm
Ayurvedic Proprietary Medicine



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www.iafaayurveda.com

COMPOSITION

Each 100gm contains

Aragwagha	Cassia Fistula	1.42gm
Nimba	Azadirachta Indica	1.42gm
Khadira	Acacia Catechu	1.42gm
Asana	Pterocarpus Marsupium	1.42gm
Triuphala	Compound Drug	1.42gm
Daruharidra	Berberis Aristata	1.42gm
Lodhra	Symplocos Racemosa	1.42gm
Preservative	Sodium Benzoate	0.25%

METHOD OF USAGE

Applied externally as water based paste for 15-20 minutes or can be used as boiled in water for washing purpose. The liquid can be made to room temperature before washing. ❖ 3-5 grams in 20 ml water for paste making. ❖ 5 grams in 1 litre water for washing purpose. The product can be used as directed by the physician also.

INDICATION

Useful in all types of skin infection due to antimicrobial activity.

AYURVEDA HERBAL POWDER

IAFA AF-7 Powder externally used for superficial skin infections including fungal, bacterial and other skin ailments!



IAFA[®]
AF-7
POWDER

Antimicrobial Management*

3.5 oz 100 gm
Ayurvedic Proprietary Medicine



**Infused
with
Digestive
Wellness
Herbs**



Trivrit



Aragwadha



Talis Patre



Sonf

DESCRIPTION

IAFA Detox powder is a unique blend of carefully chosen 10 Ayurvedic herbs like Operculina turpethum, Cassia fistula, Terminalia chebula, Terminalia bellerica, Emblica officinalis, Stevia, Plantago ovato, Elettaria cardamomum etc. all these herbs helps in the cleansing and detoxifying of the whole digestive tract. All these herbs in combination assure a good digestive fire balance to eliminate Aama visha (difficult to digest products generated within the body). The regular usage of this powder can relieve the state of indigestion at the level of the digestive tract and tissue and thereby be effective in constipation. It can be administered to any age group and has no side effects.

AYURVEDA HERBAL POWDER



IAFA[®]
AYURVEDA

IAFA[®]
DETOX
POWDER

Overnight Formula
Helps promote waste
& toxin elimination*

3.5 oz 100 gm
Ayurvedic Proprietary Medicine



COMPOSITION

Each 100gm ** contains

Trivrit	Operculina Turpethum	1.5gm
Aragwadha	Cassia Fistula	1gm
Haritaki	Terminalia Chebula	1.5gm
Vibhitaki	Terminalia Bellerica	1.2gm
Amalaki	Embllica Officinalis	1gm
Stevia	Stevia	0.5gm
Isabgol	Plantago Ovata	2gm
Sonf	Foeniculum Ulgare Mill	0.5gm
Talis Patra	Abies Webbiana	0.5gm
Ela	Elettaria Cardamomum	0.3gm
Preservative	Sodium Benzoate	0.25%

** Daily Value Not Established

DOSAGE

Adults: 15 -25 grams in empty stomach mixed with 50 ml to 100 ml water. If a person is suggested with a mild detox, the preparation can be taken in a small dose of 5 gm at bed time with 90 ml of boiled and warm water mixed with dried grape water. **Children:** 5-10 gm at bed time with warm water or as per the direction of a physician. The dosage can be fixed with the help of an Ayurvedic doctor for more accuracy in the effects. Vegan diet or Vegetarian diet is suggestive a day before cleansing, on the day of cleansing and a day after cleansing. The cleansing will happen in the form of loose stools. The event may occur from 3 times to 10 times. The loose stool passage can be stopped after maximum times by drinking sugar water or boiled rice water.

AYURVEDA HERBAL POWDER

Cleans the whole digestive tract and rejuvenates the skin!

IAFA® DETOX POWDER



Overnight Formula
Helps promote waste
& toxin elimination*

3.5 oz 100 gm

Ayurvedic Proprietary Medicine



**Infused
with
Respiratory
Wellness
Herbs**



Cinnamon



Black Pepper



Tabashir



Silver Fir

DESCRIPTION

IAFA Respiro Detox Formula is a proprietary Ayurvedic preparation carefully crafted with 6 Ayurvedic herbs and minerals for respiratory system wellness. The powder contains Thaleespathradi choornam and Giloy satv have extensive Vata and Kapha pacifying actions. The powder is prepared by mixing bhasmas like Godanti bhasma, Abhrak bhasma etc. People having various allergic conditions can prefer Respiro detox formula due to its efficient anti-allergic action. This powder will boost the immune power and help in respiratory tract detoxification.

AYURVEDA HERBAL POWDER



IAFA[®]
AYURVEDA

IAFA[®]

**RESPIRO
DETOX FORMULA**

Support free breathing

3.5 oz 100 gm

Ayurvedic Proprietary Medicine



info@iafaayurveda.com



www.iafaayurveda.com

COMPOSITION

Each 100gm ** contains

Thaleespathradi Choornam	Choornam	8gm
Giloy	Satv	0.5gm
Tankan Bhasam	Bhasam	0.5gm
Saftik Bhasam	Bhasam	0.5gm
Godanti Bhasam	Bhasam	0.4gm
Abhrak Bhasam	Bhasam	0.1gm
Preservative	Sodium Benzoate	0.25%
** Daily Value Not Established		

DOSAGE

As directed by Physician or as follows: **Adults:** One teaspoon (5g approx) with honey or lukewarm water twice a day. **Children above 10 years and up to 14 year old:** Half teaspoon (2.5g approx) with honey or lukewarm water twice in a day. **Children below 10 years:** must fix the dose by consulting an Ayurvedic doctor.

INDICATION

Helpful for Respiratory system wellness and Detoxification, breathing problems like Bronchitis, Recurrent Cough and Cold.

AYURVEDA HERBAL POWDER

A perfect respiratory system detox herbal solution!

IAFA®
RESPIRO
DETOX FORMULA

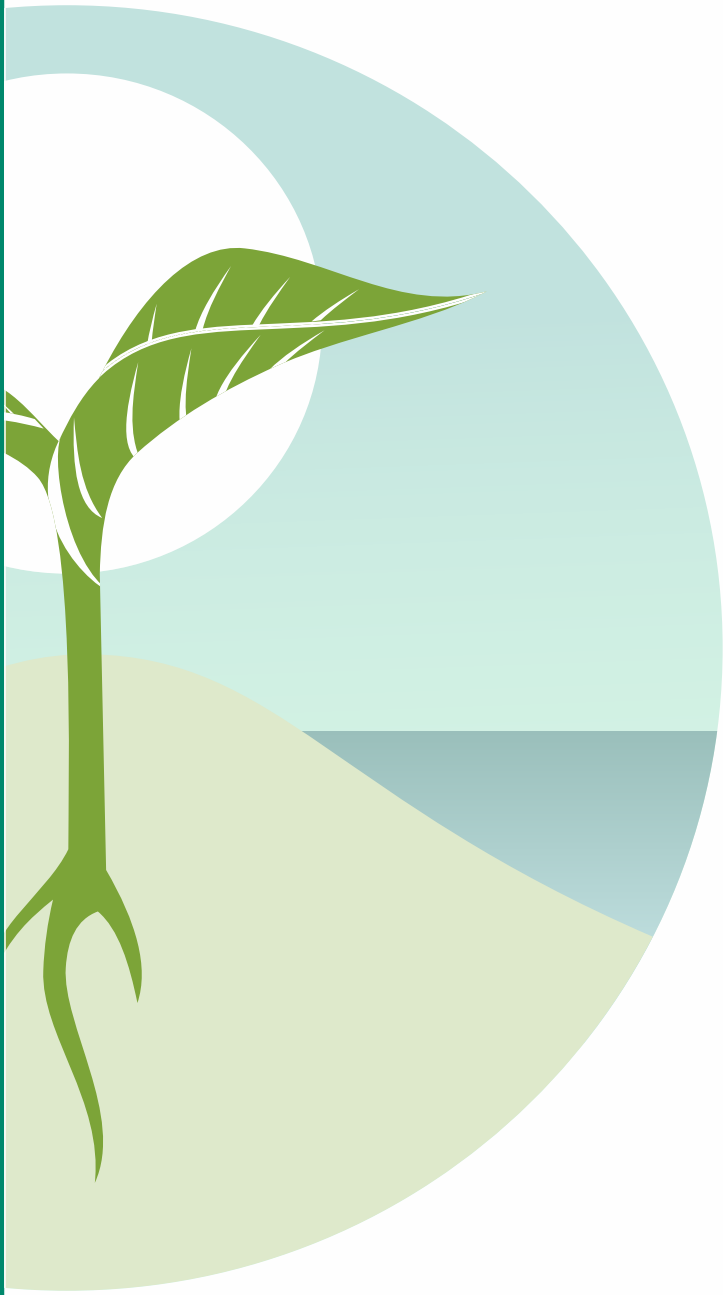


Support free breathing

3.5 oz 100 gm

Ayurvedic Proprietary Medicine

NON
GMO



IAFA[®]
AYURVEDA



HERBAL TABLETS





Khadira



Nimba



Haridra



Chakarmard

Infused with

7

Antimicrobial
Herbs

AYURVEDA HERBAL TABLET



A perfect proprietary
blend for healthy
microbial balance!

TAFa AF-7 Tablet is one of most effectively used herbal preparations giving relief to long suffering from superficial skin infections. The tablet is developed under good quality conditions by Institute of Applied Food Allergy® experts. It is prepared according to ancient Ayurvedic knowledge on doshas. The tablet contains extracts of natural herbs like Comiphora mukul, Azadirachta indica, Cinnamomum zeylanicum, Elettaria cardamomum, Cassia tora etc. is that have properties of alleviation of Rasa-Rakta Vaha Srotasam Atipravrtti. Tested for heavy metals in compliance with international standards.



IAFA®
AF-7
TABLET

Antimicrobial management*

120 TABLETS
Ayurvedic Proprietary Medicine



COMPOSITION

Each 750mg** tablet contains extracts of

Khadira	Acacia Catechu	100mg
Guggulu	Comiphora Mukul	150mg
Nimba	Azadirachta Indica	100mg
Haridra	Curcuma Longa	100mg
Tvak	Cinnamomum Zeylanicum	25mg
Ela	Elettaria Cardamomum	25mg
Chakarmard	Cassia Tora	100mg
Trifla	Compound Drug	150mg
Preservatives and Other Excipients		QS

**Daily Value Not Established

DOSAGE

2 Capsule twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

INDICATIONS

Useful in Fungal Infections, Superficial Skin Infections and Immune System Rejuvenation.

AYURVEDA HERBAL TABLET



IAFA[®] AF-7 TABLET

Antimicrobial management*

120 TABLETS
Ayurvedic Proprietary Medicine





Musta



Parpata



Hriversa



Bilva

**Infused
with
Digestive
Wellness
Herbs**

Aahar Amrutham Gulika is one of most effectively used herbal preparations giving relief to long suffering from allergic responses due to incomplete digestion of foods. This tablet is developed under good quality conditions by Institute of Applied Food Allergy® experts. It is an excellent natural friendly Ayurvedic preparation is enriched with herbs like Aegle marmelos, Hedychium spicatum, Coriandrum sativum, Punica granatum, Hemidesmus indicus etc. that have properties of alleviation of Anna-Rasa-Udaka Vaha Srotasam Atipravrutti. Tested for heavy metals in compliance with international standards.

AYURVEDA HERBAL TABLET



IAFA[®]
AYURVEDA

**Ultimate proprietary
herbal blend for
Gastrointestinal balance!**



**AAHAR
AMRUTHAM
GULIKA**

**Supports complete digestion of
a wide range of foods***

120 TABLETS
Ayurvedic Proprietary Medicine



COMPOSITION

Each 750mg** tablet contains extracts of

Vacha	<i>Acorus Calamus</i>	75mg
Musta	<i>Cyperus Rotundus</i>	75mg
Parpata	<i>Fumaria Indica</i>	75mg
Hriversa	<i>Valeriana Wallichii</i>	50mg
Nagara	<i>Zingiber Officinale</i>	50mg
Bilva	<i>Aegle Marmelos</i>	75mg
Shati	<i>Hedychium Spicatum</i>	75mg
Dhaniya	<i>Coriandrum Sativum</i>	75mg
Dadima	<i>Punica Granatum</i>	75mg
Sariva	<i>Hemidesmus Indicus</i>	75mg
Atis	<i>Aconitum Heterophyllum</i>	25mg
Preservatives and Other Excipients		QS

** Daily Value Not Established

DOSAGE

2 Capsule twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

INDICATIONS

Useful in Gastrointestinal repair and care.

AYURVEDA HERBAL TABLET



AAHAR AMRUTHAM GULIKA

Supports complete digestion of a wide range of foods*

120 TABLETS
Ayurvedic Proprietary Medicine





Praval



Mukta



Sankh

**Infused
with
Pitta
Pacifying
Minerals**



Kapardarak

IAFA Aam Visha Balance tablet is developed under good quality conditions by Institute of Applied Food Allergy® experts useful in every Pitta roga classified in Ayurveda. Kamdudha Ras, Giloy satva, Sankh Bhasma etc. has sheet virya (cool potency) and is beneficial in epigastric tenderness, acidic perspiration and sour taste in mouth. This unique Ayurvedic mineral formulation is enriched with Mukta Pisti (Pearl) and Praval Pisti (Coral Calcium) useful to expel out the Ama or improper end products of the abnormal metabolism. It is well tolerated and considerably safe.

AYURVEDIC PROPRIETARY MEDICINE



**Ultimate Proprietary
blend for detoxification
and gastric wellness!**



IAFA® AAM VISHA BALANCE

Eliminate improper end product
of metabolism*

60 TABLETS
Ayurvedic Proprietary Medicine



COMPOSITION

Each 750mg** tablet contains extracts of

Kamdudha Ras	Compound Grug	100mg
Giloy	Satv	100mg
Akik Pisti	Pisti	50mg
Praval Pisti	Pisti	50mg
Jehar Mohra Pisti	Pisti	50mg
Godanti Bhasam	Bhasam	50mg
Mukta Pisti	Pisti	25mg
Sankh Bhasam	Bhasam	50mg
Kapardarak Bhasam	Bhasam	50mg
Preservatives and Other Excipients		QS

**Daily Value Not Established

DOSAGE

2 Capsule twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

INDICATIONS

Useful in Digestive enzymes balance, Gastric problems, Skin rejuvenation and Pitta dosha balance.

AYURVEDIC PROPRIETARY MEDICINE



IAFA® AAM VISHA BALANCE

Eliminate improper end product of metabolism*

60 TABLETS
Ayurvedic Proprietary Medicine



INGREDIENTS

Each 400mg tablet contains

Praval Panchamrut Ras	Compound Drug	50mg
Piyush Villa Ras	Compound Drug	50mg
Mukta Panchamrit Ras	Compound Drug	25mg
Kutuzghan Vati	Compound Drug	50mg
Giloy Satv	Giloy Satv	50mg
Godanti bhasam	Bhasma	75mg
Swarnmakshik Bhasam	Bhasma	25mg
Mukta Shukti Pishti	Pishti	25mg
Vijay Parpati	Parpati	5mg
Suvarna Parpati	Parpati	25mg
Panchamrut Parpati	Parpati	20mg
Preservatives and Other Excipients		QS

DOSAGE & ANUPAN

As directed by the Physician.

Ayurvedic Proprietary Medicine



Anthra Mithram
Gulika
आन्त्र : मित्रम्
गुलिका

30 TABLETS
Ayurvedic Proprietary Medicine



Hingu



Jivanti



Kanthkari



Puskarmul

Infused
with
Respiratory
Wellness
Herbs

IAFA Respiratory Detox Tablet is one of most effectively used herbal preparations giving relief to long suffering from respiratory tract diseases. It is developed under experienced healthcare professionals of Institute of Applied Food Allergy®. It is prepared according to ancient Ayurvedic knowledge on doshas. The tablet contains herbs like Hingu, Surasa, Jivanti, Ela, Kanthkari etc. that have properties of alleviation of Prana Vaha Srotasam Atipravrtti. Tested for heavy metals in compliance with international standards. Breathe In & Breathe Out Easy.

AYURVEDA HERBAL TABLET



IAFA®
AYURVEDA

A perfect proprietary
blend for Respiratory
system wellness!



IAFA®
**RESPIRATORY
DETOX TABLET**

Support free breathing
Support seasonal comfort
Keep airway open

120 TABLETS
Ayurvedic Proprietary Medicine



COMPOSITION

Each 750mg** tablet contains extracts of

Hingu	Ferula Nartex Boiss.	75mg
Surasa	Ocimum Sanctum	100mg
Jivanti	Leptadenia Reticulata	75mg
Ela	Elettaria Cardamomum	50mg
Bhumi Amla	Phyllanthus Niruri	100mg
Kanthkari	Solanum Xanthocarpum	100mg
Bruhati	Solanum Indicum	75mg
Agaru	Aquilaria Agallocha	25mg
Puskarmul	Iris Germanica Linn.	75mg
Ustekudus	Lavandula Stoechas Linn.	75mg
Preservatives and Other Excipients		QS

**Daily Value Not Established

DOSAGE

2 Capsule twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

INDICATIONS

Shallow Breathing, Bronchitis, Nasal Allergies, Recurrent Cough, Cold & for building body resistance against diseases and pollution.

AYURVEDA HERBAL TABLET



IAFA[®] RESPIRATORY DETOX TABLET

Support free breathing
Support seasonal comfort
Keep airway open

120 TABLETS
Ayurvedic Proprietary Medicine





Bakayan



Vyaghri



Patola



Krimijit

**Infused
with
Skin
Wellness
Herbs**

IAFA Skin Detox Tablet is one of most effectively used herbal preparations giving relief to long suffering from adverse skin conditions. The tablet is developed under good quality conditions by Institute of Applied Food Allergy® experts. It is prepared according to ancient Ayurvedic knowledge on doshas. The preparation contains extracts of herbs like Adhatoda vasica, Melia azedarach, Solanum surattense, Trichosanthes dioica, Tinospora cordifolia etc and Mahamanjistadi kwath that have properties of alleviation of Rasa Vaha and Rakta Vaha Srotasam Atipravriti. Tested for heavy metals in compliance with international standards.

AYURVEDA HERBAL TABLET



IAFA®
AYURVEDA



**A perfect proprietary
blend for healthy
skin balance!**

IAFA®
SKIN
DETOX TABLET

Supports healthy skin balance

120 TABLETS

Ayurvedic Proprietary Medicine



COMPOSITION

Each 750mg** tablet contains extracts of

Vasa	Adhatoda Vasica	50mg
Bakayan	Melia Azedarach	50mg
Vyaghri	Solanum Surattense	50mg
Patola	Trichosanthes Dioica	50mg
Khadira	Acacia Catechu	50mg
Krimijit	Embila Ribes	50mg
Amritha	Tinospora Cordifolia	50mg
Karanja	Pongamia Glabra Vent	50mg
Trifla	Compound Drug	50mg
Mahamanjistadi	Kwath	300mg
Preservatives and Other Excipients		QS

**Daily Value Not Established

DOSAGE

2 Capsule twice a day before food or as advised by your health practitioner. Pregnant and lactating women should consult your physician.

INDICATIONS

Useful in skin infections, skin allergic conditions, and skin rejuvenation.

AYURVEDA HERBAL TABLET

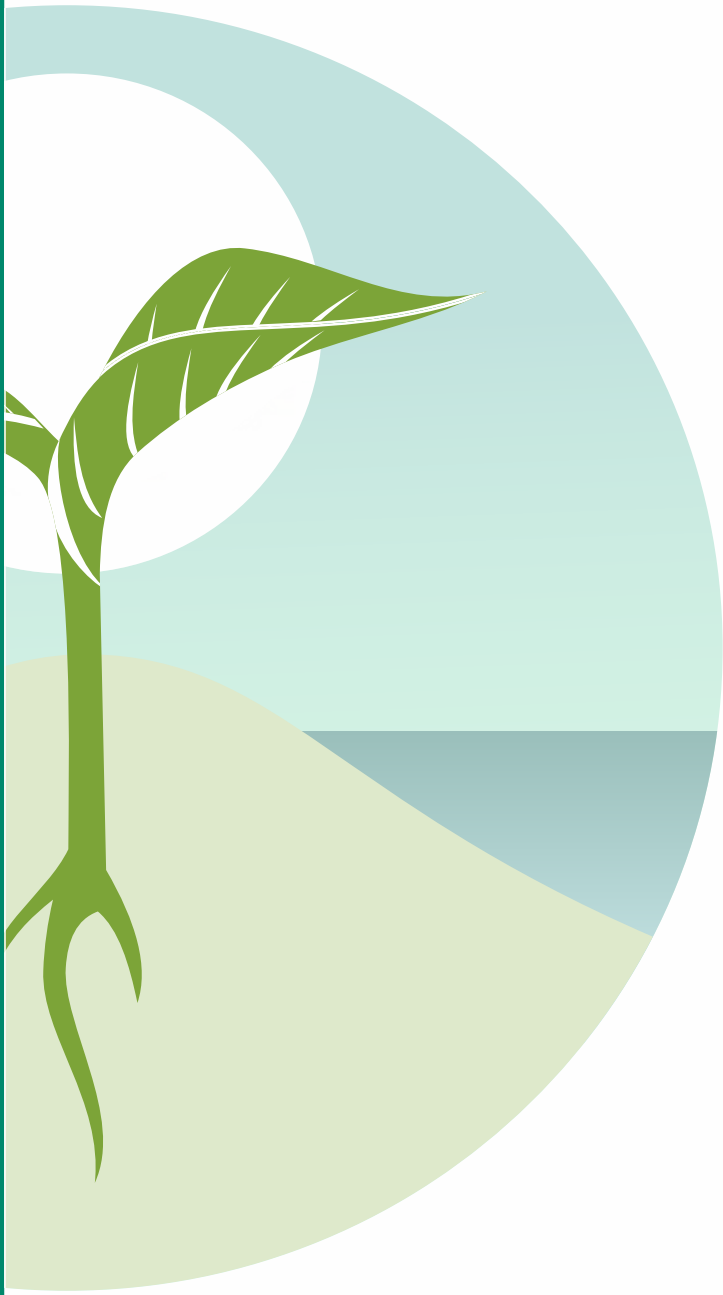


IAFA[®] SKIN DETOX TABLET

Supports healthy skin balance

120 TABLETS
Ayurvedic Proprietary Medicine





IAFA[®]
AYURVEDA



HERBAL OILS



3X
TRIPLE
HERB
FORMULA

Infused with 3 Skin
Wellness Herbs

Sveta Kutaj



Nimba

Sirisha



IAFA[®] 333 OIL

DESCRIPTION

It is a unique preparation of carefully chosen herbal ingredients like Wrightia tinctoria, Albizia lebbeck and Azadirachta indica have well established antioxidant, anti-allergic, anti-inflammatory and anti-microbial properties. It is further fortified with coconut oil making it an ultimate answer to all dry, itchy, flakey, inflamed skin because of imbalance of the micro ecosystem of the skin. It is an excellent remedy developed under experienced healthcare professionals of Institute of Applied Food Allergy[®] for the alleviation of skin adverse conditions.

AYURVEDA HERBAL OIL



IAFA[®]
AYURVEDA



3X
TRIPLE
ACTION
FORMULA

**Moisturizing
Nourishment
& Protection**

AYURVEDA HERBAL OIL

COMPOSITION

Each 100ml contains

Sveta Kutaj	Wrightia Tinctoria	4gm
Sirisha	Albizia Lebbeck	4gm
Nimba	Azadiracta Indica	2gm
Coconut Oil	Cocos Nucifera Linn.	100ml

METHOD OF USAGE

Apply as directed by Physician or as follows. Apply **3-5 ml IAFA 333 Oil** over the affected body part or scalp, allow it to get absorbed for **45 minutes** and wipe it off with a dry cotton cloth. Apply it thrice in a day for best results. Shake well before use.

INDICATIONS

Dry and xerotic skin due to diseases like Psoriasis and Eczema (Atopic dermatitis), Skin allergic conditions, climatic conditions, Seborrheic Dermatitis and Dandruff.



IAFA[®]
AYURVEDA

A one stop solution for your skin related ailments!



IAFA[®]
333
OIL

Skin Wellness

6.7 fl oz e 200ml

Ayurvedic
Proprietary
Medicine

NON
GMO

**Infused
with
18 Anti
Microbial
Herbs**



N. Nucifera



P. Cerasoides



H. Indicus



S. Raceomosa



V. Indica

AYURVEDA HERBAL OIL

IAFA[®]
AF-7
OIL



IAFA[®]
AYURVEDA

DESCRIPTION

It is developed by experts in the Institute of Applied Food Allergy[®] after years of clinical trials and experiments. The oil is an efficient solution for the increasing skin adverse conditions like fungal infections, itching, burning etc. It is unique formulation of anti-microbial and skin friendly 18 herbs like Cassia Fistula, Azadirachta indica, Symplocos racemosa, Prunus cerasoides, Comip-hora mukul etc. and can be applied on any type of skin of any age group.



7X
ACTION
FORMULA

Burning, Itching, Scaling,
Cracking, Redness, Soreness, Chafing

AYURVEDA HERBAL OIL

COMPOSITION

Each 100ml contains

Aragwadha (Cassia Fistula)-100mg, Nimba (Azadirachta Indica)-100mg, Khadira (Acacia Catechu)-100mg, Trifla (Compound Drug)-50mg, Asana (Pterocarpus Marsupium)-100mg, Madhuka (Glycyrrhiza Glabra)-100mg, Lodhra (Symplocos Racemosa)-100mg, Sariba (Hemidesmus Indicus)-100mg, Kamal Kesara (Nelumbo Nucifera)-100mg, Padmaka (Prunus Cerasoides)-100mg, Sarjarasam (Vateria Indica)-100mg, Guggulu (Comiphora Mukul)-100mg, Dadima Patra (Punica Granatum)-100mg, Priyangu (Callicarpa Macrophyllum)-100mg, Sirisa (Albizia Lebbeck)-100mg, Saindavam (Rock Salt)-QS, Coconut Oil (Cocos Nucifera Linn.)-QS

METHOD OF USAGE

Apply as directed by Physician or as follows. Apply **3-5 ml IAFA AF-7 Oil** over the affected body part or scalp, allow it to get absorbed for **45 minutes** and wipe it off with a dry cotton cloth. Apply it thrice in a day for best results. Shake well before use.

INDICATIONS

Useful in Fungal infections, superficial skin infections, burning, itching, scaling, cracking, redness, soreness, irritation and chafing of the skin.



IAFA[®]
AYURVEDA

A perfect antimicrobial solution!

IAFA[®]
AF-7
OIL

Antimicrobial
Management

6.7 fl oz e 200ml

Ayurvedic
Proprietary
Medicine

NON
GMO



info@iafaayurveda.com



www.iafaayurveda.com

5X

HERB FORMULA



P. GLABRA



A. LEBBECK



C. NUCIFERA



C. FISTULA



B. ARISTATA

AYURVEDA HERBAL OIL

IAFA[®]

E-5

Cell Repair OIL



IAFA[®]
AYURVEDA

DESCRIPTION

It is unique preparation for repairs of damaged skin cells. It is a specially formulated under experts of Institute of Applied Food Allergy[®] by carefully chosen herbal ingredients like Pongamia glabra, Albizia lebeck, Berberis aristata and Cassia fistula have well established antioxidant, anti-allergic, anti-inflammatory, insecticidal and antiseptic properties. By the regular usage of this oil, it delays cell ageing, decreases eczematous dermatitis, reduces itching and hyper-thickening of skin and can be applied on any type of skin of any age group.



5X
ACTION
FORMULA

Skin Damage Repair, Anti Aging,
Itching Cracks & Dryness

AYURVEDA HERBAL OIL



COMPOSITION

Each 100ml contains

Karanj	Pongamia Glabra Vent.	2gm
Sirisha	Albizia Lebbeck	2gm
Darvi	Berberis Aristata	2gm
Aragwadha	Cassia Fistula	2gm
Coconut Oil	Cocos Nucifera Linn.	100ml

METHOD OF USAGE

Apply as directed by Physician or as follows. Apply **3-5 ml** IAFA **E-5 Oil** Cell Repair Oil over the affected body part or scalp, allow it to get absorbed for 45 minutes and wipe it off with a dry cotton cloth. Apply it thrice in a day for best results. Shake well before use.

INDICATIONS

Eczema (Atopic dermatitis), Hyper-keratosis, Lichen planus, Skin damage repair, Anti aging, Wound healing, Dryness and cracks, Diaper rashes.



A perfect skin care solution!



IAFA®
E-5
Cell Repair
OIL

Cell Repair
Rejuvenation &
Protection

6.7 fl oz e 200ml

Ayurvedic
Proprietary
Medicine

NON
GMO

6X

ACTION FORMULA



Infused with
PONGAMIA GLABRA



Fortified in
COCOS NUCIFERA

DESCRIPTION

It is developed by experts in the Institute of Applied Food Allergy® after years of clinical trials and experiments. The oil is an efficient solution for the increasing skin adverse conditions in babies like rashes, cracks, itching, chafing etc. It is a unique formulation of anti-microbial and skin friendly herb Pongamia glabra further fortified in Cocos nucifera oil. These herbs aid in the alleviation of skin allergic condition and can be applied to any type of skin. This oil moisturizes the skin in children and is safe with no adverse effects.

AYURVEDA HERBAL OIL

SHISHU DIAPER RASH OIL



6X
ACTION
FORMULA

▶ Skin Allergic Conditions, Diaper Rashes,
Cracking, Redness, Itching & Chafing

AYURVEDA HERBAL OIL



IAFA[®]
AYURVEDA

A perfect solution for baby skin wellness!

COMPOSITION

Each 100ml contains

Karanj oil	Pongamia Glabra Vent.	2ml
Coconut oil	Cocos Nucifera Linn.	8ml

METHOD OF USAGE

Apply as directed by Physician or as follows. Apply **2-5 ml** Shishu Diaper Rash Oil over the affected body part, allow it to get absorbed for **45 minutes**. Apply it thrice in a day for best results. Shake well before use.

INDICATIONS

Useful in baby's skin allergic conditions like Cracking, Itching, Diaper Rashes, Redness and Chafing of the skin.



SHISHU DIAPER RASH OIL

Extra Soothing & Moisturizing
For everything from diaper
rash to cradle cap and
everything in-between

6.7 fl oz e 200ml

Ayurvedic
Proprietary
Medicine

NON
GMO

6X
ACTION
FORMULA

Infused with Bone & Joint
Wellness Herbs

AYURVEDA HERBAL OIL

Sports Injury, Pain, Ache, Sprain, Weakness & Degeneration



Shigru



Rasna



Kushta



Bla



Ela



Karanja

DESCRIPTION

It is a combination developed by a senior Ayurveda specialist of IAFA. This oil combination is a laboratory revised variant of a similar oil recipe obtained from the ancient Ayurveda Gurus. Long years of research were invested for making such a fast pain and sprain relieving oil. The basic recipe of this oil was obtained from an Ayurveda following family from a village named Pottassery. This beautiful village is situated in the state of Kerala, India. The villages of Kerala are popular in practising ancient healing measures. This combination is anti-degenerative, supports rejuvenation and may be also used in the management of fracture and associated symptoms. This thailam is safe and suggested for all age categories including children & women.



**POTTASSERY
THAILAM**

പൊറ്റശ്ശേരി തൈലം



COMPOSITION

Each 100ml contains

Karanja	Pongamia Pinnata	5gm
Rasna	Alpinia Galanja	5gm
Kushta	Saussurea Lappa	5gm
Bala	Sida Cordifolia	5gm
Sahachara	Barleria Cristata Linn.	5gm
Kumari	Aloe Barbadensis Mill.	5gm
Ela	Elletaria Cardamomum	1gm
Guggulu	Commiphora Wightii	5gm
Shigru	Moringa Oleifera	10ml
Karpooora	Cinnamomum Camphora	2gm
Tila Thailam	Sesamum Indicum	QS

METHOD OF USAGE

3-5 ml is applied on the affected area or as per the direction of a physician.

INDICATION

Useful in pain relief, joint pain, degen-erative disorders like arthritis and spondylitis, lower back pain, muscle weakness, nerve compression, head ache, sprain and sports injury. This oil can be also used in the management of fracture and associated symptoms. Shake well before use.

An ancient formulation for a wide range of conditions!

POTTASSERY THAILAM

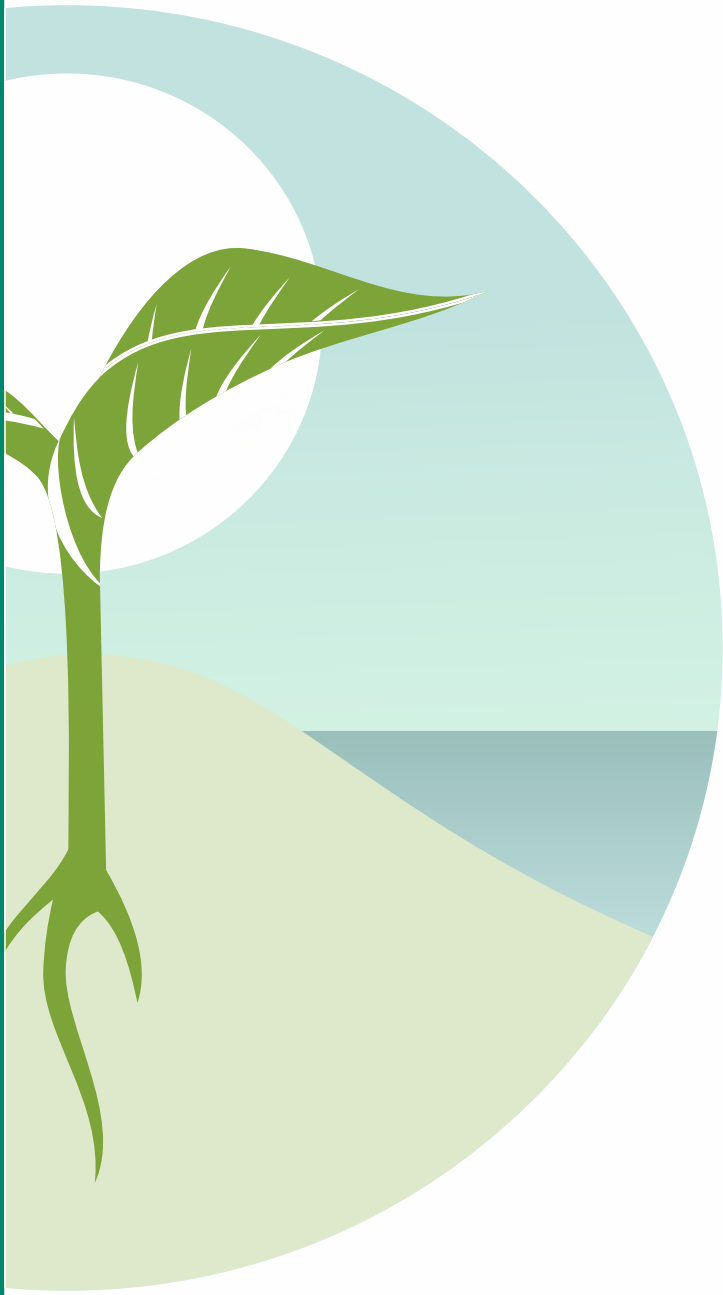
പൊറ്റശ്ശേരി തൈലം

6.7 fl oz @ 200ml

Ayurvedic
Proprietary
Medicine

NON
GMO





IAFA[®]
AYURVEDA



HERBAL CREAMS & BALMS



3X

TRIPLE
ACTION
FORMULA

IAFA® 333 CREAM

Infused
with
Skin
Wellness
Herbs



Patola



Patola



Krimijit



Vyaghri



Bakayan

Moisturizing, Nourishment & Protection



IAFA® 333 CREAM

Skin Wellness



IAFA 333 Cream-a
rejuvenator
for all skin types!!!

3.5 oz e 100gm

Ayurvedic
Proprietary
Medicine

NON
GMO

COMPOSITION

Each 10g contains

Sveta Kutaj	Wrightia Tinctoria	1gm
Sirisha	Albizia Lebbeck	1gm
Nimba	Azadirachta Indica	1gm
Karanj Beej	Pongamia Glabra Vent.	1gm
Cocount	Cocos Nucifera Linn.	2gm
Cream Base		QS

IAFA 333 Cream is a unique preparation of carefully chosen herbal ingredients like Pongamia glabra, Wrightia tinctoria, Albizia lebbeck and Azadirachta indica have well established antioxidant, antiallergic, antiinflammatory and antimicrobial properties. It is further fortified with coconut oil making it an ultimate answer to all dry, itchy, flaky, inflamed skin because of imbalance of the micro ecosystem of the skin. It is an excellent remedy developed under experienced healthcare professionals of Institute of Applied Food Allergy® for the alleviation of skin conditions including psoriasis and atopic dermatitis.

AYURVEDA HERBAL CREAM



METHOD OF USAGE

Apply as directed by Physician or as follows. Can be applied over the skin directly thrice in a day.

INDICATIONS

Useful in Dry and xerotic skin due to diseases like Psoriasis, Eczema (Atopic Dermatitis), Skin Allergic Conditions, Skin Repair, Anti Ageing, Anti cellulite, Dryness and Cracks.



IAFA®
AYURVEDA



IAFA®
333
CREAM

Skin Wellness

3.5 oz e 100gm

Ayurvedic
Proprietary
Medicine

NON
GMO

◀ Infused with 7 Anti Microbial Herbs ▶



Haridra



Daru Haridra



Nimba



Sirisa



Tulsi



Sigru



Chakarmard

This cream is developed by the experts of Institute of Applied Food Allergy® by using natural ingredients like Curcuma longa, Azadirachta indica, Moringa oleifera, Cassia angustifolia, Cassia tora etc. These herbs are absolutely non-toxic and have great antimicrobial and skin protective actions. This cream is an efficient solution for increasing skin adverse conditions like fungal infections, burning and itching. It is also an excellent choice for the alleviation of redness and soreness of skin and can be applied on any type of skin of any age group.



IAFA®
AF-7
CREAM

Antimicrobial management

**A perfect
antimicrobial solution!!!**

3.5 oz e 100gm

Ayurvedic
Proprietary
Medicine



COMPOSITION

Each 10g contains

Haridra	Curcuma Longa	200mg
Daru Haridra	Berberis Aristata	1mg
Nimba	Azadirachta Indica	1mg
Sirisa	Albizia Lebbeck	1mg
Tulsi	Ocimum Sanctum	1mg
Sigru	Moringa Oleifera	1mg
Seena	Cassia Angustifolia	1mg
Chakaemard	Cassia Tora	1mg
Coconut oil	Cocos Nucifera Linn.	1ml
Cream Base	Base	QS
Preservative	Sodium Levulinate	0.5%
Other Excipient	Sodium Anisate	0.5%
	Vitamin E	0.1ml
	Glycerin	0.5ml

AYURVEDA HERBAL CREAM

METHOD OF USAGE

Apply as directed by Physician or as follows. 1-2 gm can be applied over the affected skin directly thrice in a day.

INDICATIONS

Useful in Fungal infections, superficial skin infections, burning, itching, scaling, cracking, redness, soreness, irritation and chafing of the skin.



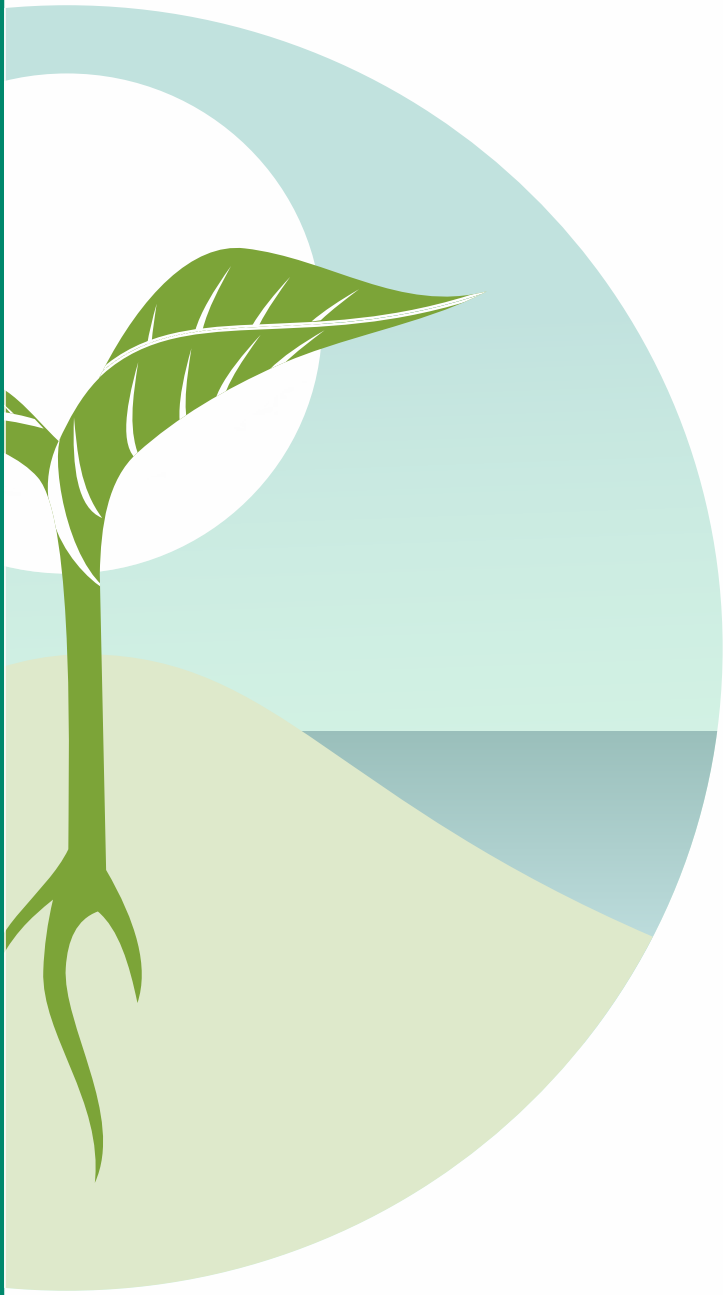
Antimicrobial management

IAFA[®]
AF-7
CREAM

3.5 oz e 100gm

Ayurvedic
Proprietary
Medicine

**NON
GMO**



IAFA[®]
AYURVEDA



NASAL DROPS





Anu Thailam अणु तैलं അണു തൈലം

DOSAGE

2 drops for Nasya once or twice daily or as directed by the physician.

METHOD OF USAGE

1. Lie down in a supine position (horizontally with the face & torso facing up) with head slightly lower side. **2.** Tilt up the tip of your nose with your middle finger and close one nostril with your thumb. **3.** Hold breath (after deep inhalation) for a while and slowly administer 2 drops of Anu Thailam with a dropper in the open nostril near nasal-septum. **4.** Continue breathing till the Thailam goes inside. Repeat the same procedure in another nostril. **5.** Stay in the same position for 5 minutes with continuous deep breathing. Spit out excess Kapha, if any and gargle with lukewarm water, if required.



1 fl oz e 30ml

Ayurvedic Classical Medicine

COMPOSITION

Each 10 ml contains : Tila taila 9.689 ml, extract derived from Jeevanti (*Leptadenia reticulata*) root, Rheebera (*Pavonia odorata*) fibrous root, Devadaru (*Cedrus deodara*) heart wood, Musta (*Cyperus rotundus*) rhizome, Tvak (*Cinnamomum zeylanicum*) inner stem bark, Ushira (*Vetiveria zizanioides*) fibrous root, Sariva (*Shveta*) (*Hemidesmus indicus*) root, Chandana (*Shveta*) (*Santalum album*) heart wood, Daruharidra (*Berberis aristata*) stem, Yashti (*Glycyrrhiza glabra*) stem & root, Plava (*Cyperus scariosus*) rhizome, Agarv (*Aquilaria agallocha*) heart wood, Shatavari (*Asparagus racemosus*) tuberous root, Kamala (*Nelumbium speciosum*) flower, Bilva (*Aegle marmelos*) stem bark, Utpala (*Nymphaea stellata*) flower, Kantakari (*Solanum xanthocarpum*) whole plant, Bruhati (*Solanum indicum*) whole plant, Rasna (*Pluchea lanceolata*) rhizome, Shalapami (*Desmodium gangeticum*) whole plant, Prushnipani (*Urana picta*) whole plant, Vidanga (*Embelia ribes*) fruit, Tvakpatra (*Cinnamomum tamala*) leaf, Ela (*Sookshma*) (*Elettaria cardamomum*) seed, Renuka beej (*Vitex negundo*) seed, Kamala (*Nelumbium speciosum*) stamen, Bala (*Sida cordifolia*) root each 0.329 g, fat derived from Aja dugdha (Substitute: Godugdha) 8.875 ml.

AYURVEDA  NASAL DROP

INDICATIONS

Strengthens Indriyas (senses), Urdhva-Jatrugata Roga (disease of head & neck), Palitya (premature graying of hair).

Anu
Thailam
अणु तैलं
അണു തൈലം



1 fl oz e 30ml

Ayurvedic Classical Medicine

Infused with Gir Cow
A2 Grutham



NASAYOGA

Grutham

नासायोगा घृतं

नासायोग
ഘൃതം

Nasal Drop from the Himalayas

AYURVEDA NASAL DROP

DESCRIPTION

IAFA Nasayoga Grutham is an ultimate solution for symptoms associated with with Partishyaya (nasal and sinus blockage) and Urdhva-Jatrugata Roga (diseases of head & neck). It is a pure Ayurvedic preparation containing herb Yasthimadhu infused with Gir Cow A2 grutham. The grutham is having instantly healing action against sinus & nasal blockage and alleviates allergic conditions. The regular usage of this grutham helps in strengthens Indriyas (senses), Palitya (premature graying of hairs) and improves vision. It can be given to patients of any age and it is of having no side effects.



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO

COMPOSITION

Each 20ml drop contains extracts of

Yashtimadu	Glycyrrhiza Glabra	500mg
Go Grutham	Cow Ghee	QS



METHOD OF USAGE

Adults: 4-5 drops, twice daily **Children**
Up to 10 years: 1-3 drops, once daily
Above 10 year and above: 3-4 drops,
twice daily or as directed by
physician.

AYURVEDA NASAL DROP

INDICATIONS

Useful in symptoms associated with Nasal & Sinus blockage, Strenghtens Indriyas (senses), Diseases of head & neck), Palitya (prema- ture graying of hairs), improves vision.

IAFA Nasayoga Grutham for Clear breathe!



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO

Infused with Respiratory
wellness Herbs



Jyotishmati



Vidanga



Maricha



Yashtimadhu

NASAL ALL CLEAR X DROPS

Keep airway open

AYURVEDA NASAL DROP

DESCRIPTION

IAFA Nasal All Clear X Drop is an ultimate solution for upper respiratory tract infections, nasal polyp, Anosmia etc. The inflammation caused by DNS also can be improved with the usage of this drop. It is a pure Ayurvedic preparation containing herbs like Maricha, Pippali, Vidanga, Sariva etc. It can be given to patients of any age and it is of having no side effects. The drop is having instantly healing action against sinus & nasal blockage and alleviates allergic conditions. The regular usage of this drop helps in eradicating migraine headache and Strengthen senses organs.



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO

COMPOSITION

Each 20ml drop contains extracts of

Jyotishmati	Celastrus Paniculatus	100mg
Maricha	Piper Nigrum	100mg
Pippali	Piper Longum	100mg
Vidanga	Embelia Ribes	100mg
Shigru	Moringa Pterygosperma	100mg
Haridra	Curcuma Longa	100mg
Nagarmotha	Cyperus Scariosus	100mg
Bruhati	Solanum Indicum	100mg
Sariva	Hemidesmus Indicus	200mg
Yashtimadhu	Glycyrrhiza Glabra	200mg
Til Thailam	Sesamum Indicum Linn.	QS

METHOD OF USAGE

Adults: 4-5 drops, twice daily **children Up to 10 years :** 1-3 drops, once daily. Above **10 Year and above :** 3-4 drops, twice daily or as directed by physician.

AYURVEDA NASAL DROP

INDICATIONS

Useful in symptoms associated with Nasal & Sinus blockage, Strengthens Indriyas (senses), Diseases of head & neck.

Clear all your Nasal problems through IAFA All Clear X Drop!

NASAL
ALL CLEAR X
DROPS

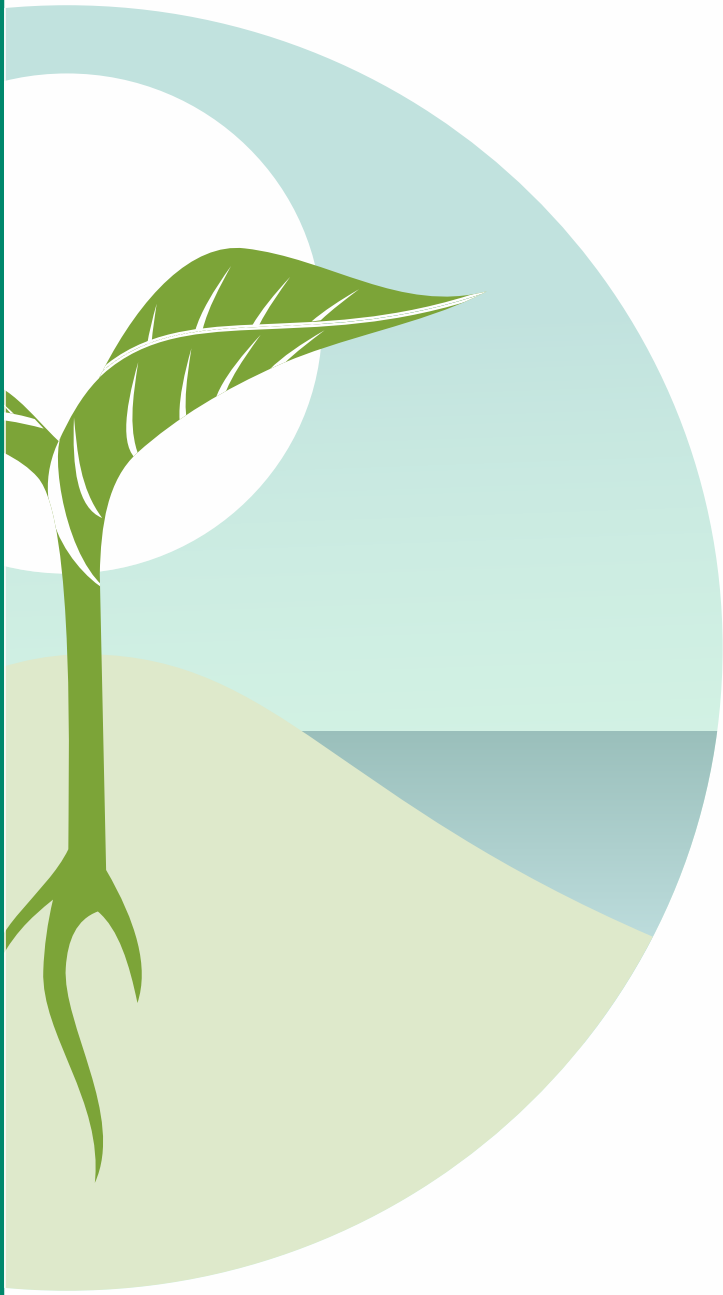
Keep airway open



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO



IAFA[®]
AYURVEDA



HERBAL NASAL SPRAY



COMPOSITION

Each 20ml drops contains liquid extracts of

Tulsi	Ocimum Sanctum	100mg
Dronapushpi	Leucas Aspera	100mg
Chandramulika	Kaempferia Galanga	100mg
Agnimandha	Premna Integrifolia	100mg
Vacha	Acorus Calamus	100mg
Ajaji	Cuminum Cyminum	100mg
Madhuka	Madhuca Longifolia	100mg
Saindhavam	Sodii Chloridum	200mg

METHOD OF USAGE

Sprayed directly into the affected nostril by closing the other nostril. **Children above 5 year to 14 years:** 1-2 spray. **Children above 14 years:** 2-3 sprays on each nostril. **Adults:** 4-6 sprays on each nostril or as directed by Physician.

INDICATIONS

Nasal blockage and Allergies.

AYURVEDA HERBAL NASAL SPRAY

DESCRIPTION

IAFA Nasal All Clear Spray is one of the easiest remedies to get relief from nasal blockage and allergic responses. The spray is carefully prepared with herbs like Ocimum sanctum, Leucas aspera, Kaempferia galanga, Premna integrifolia, Acorus calamus etc. All these herbs in combination alleviate . Prana Vaha Srotasam Atipravrtti. It can be used by people of any age group as it is easy to use and devoid of side effects.



**NASAL
ALL CLEAR
SPRAY**

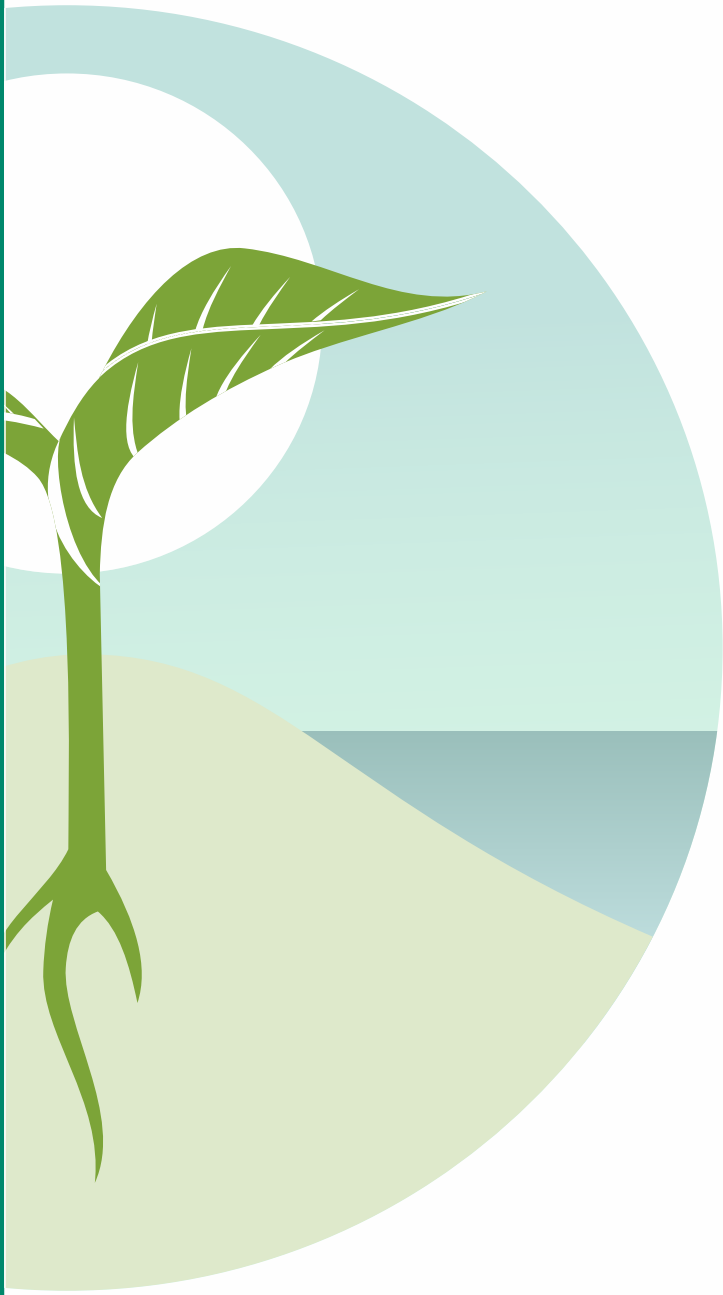
Keep airway open

0.67 fl oz @ 20ml

Ayurvedic Proprietary Medicine



**NON
GMO**



IAFA[®]
AYURVEDA



HERBAL SMOKE



Herbal Handcrafted Dhumapana Varti for Nasya Karma Therapy

Infused with Respiratory
wellness Herbs



Aragwadha



Shatahva



Tvak



Bala

AYURVEDA HERBAL SMOKE

IAFA Nasal Air, for Clear breathe!

Nasal Air is a ancient efficient Ayurvedic preparation for Dhum Nasya Karma for respiratory system wellness. The preparation contains 7 herbs like Cassia fistula, Anethum graveolens, Cinnamomim zeylanicum, Sida cordifolia etc. and is handcrafted under good quality conditions. It can be used in treating symptoms associated with Pratishyaya. It is a widely accepted preparation as it is prepared from natural herbs. It is found to be having no toxic side effects at all and can be used externally.



15 Dhumpana Varti

Ayurvedic
Proprietary
Medicine

NON
GMO



COMPOSITION

Each Dhumapana Varti contains powder of

Aragwadha	Cassia Fistula	100mg
Shatahva	Anethum Graveolens	100mg
Tvak	Cinnamomim Zeylanicum	100mg
Bala	Sida Cordifolia	100mg
Syonaka	Oroxylum Indicum	100mg
Eranda	Ricinus Communis	100mg
Haridra	Curcuma Longa	100mg
Go Grutham	Cow Ghee	QS

DOSAGE

Can take 3 – 5 minutes by alternate nostrils.

DIRECTIONS FOR USE

One end of the wick is burned and the flame should be stopped. The medicated smoke coming out of the wick can be inhaled through alternate nostrils and eliminated by oral route. A paper cone with a hole can be used to guide the smoke. Children must be given assistance by elders as per the advice from the doctor.

INSTRUCTION

Sensitivity Nasal Air inhalation may be tested for suitability prior to instillation.

INDICATIONS

Used for Dhumapana Nasya Karma in Kapahaj Pratishyaya or as directed by the Physician.

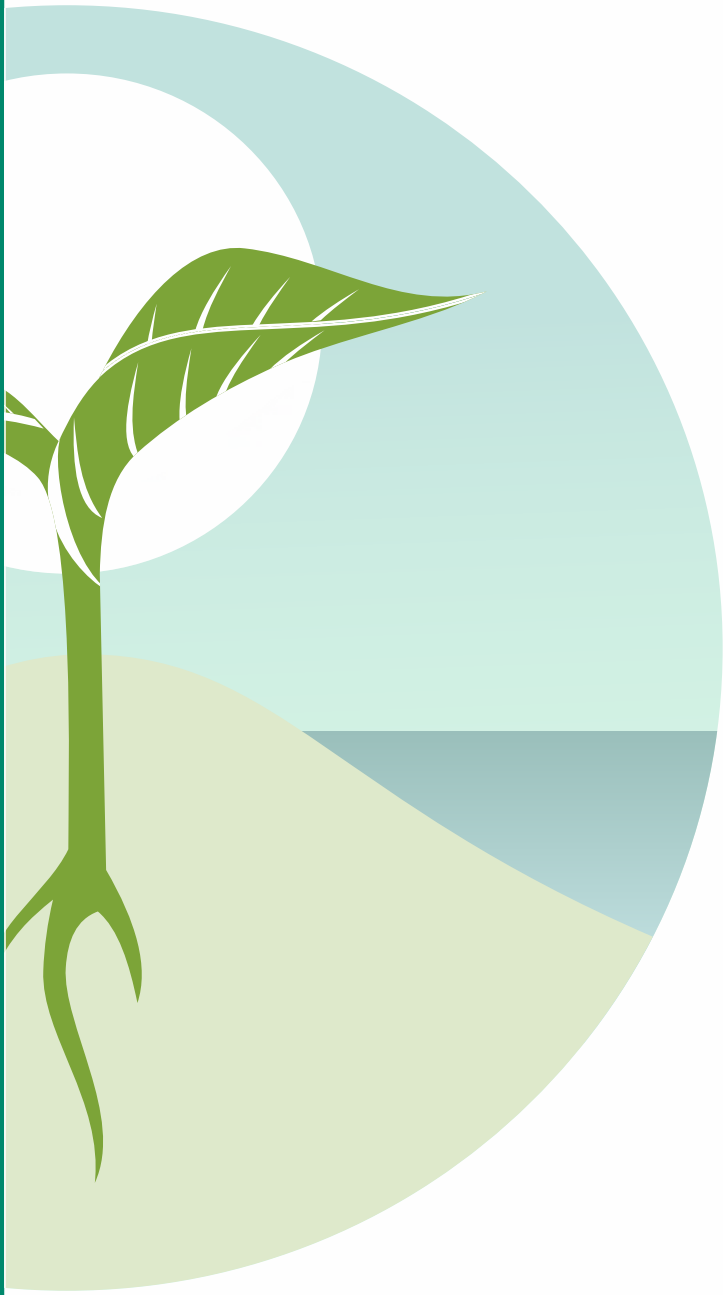


NASAL AIR

Herbal Handcrafted Dhumapana Varti
for Nasya Karma Therapy

15 Dhumapana Varti
Ayurvedic Proprietary Medicine





IAFA[®]
AYURVEDA



HERBAL EYE DROPS



Infused with Eye wellness Herbs



Neem



Mulathi



Jivanti



Shigru

अक्षि तर्पण घृतं
അക്ഷി തർപ്പണ
ഘൃതം

Eye drop from the Himalayas

DESCRIPTION

IAFA Akshi Tarpana is an ultimate solution for symptoms associated with with Netra Abhishyanda. It is a pure Ayurvedic preparation in Gir Cow A2 Grutham, Maha Triphaladi Grutham containing herbs Neem, Punarnava, Mulethi, Daruhaldi, Jivanti, Shigru Apamargakshar etc. is found to have excellent anti-allergic action. The grutham is having instantly healing action against itching, watery discharge, dryness, redness, burning sensation, foreign body sensation in the eyes, and swollen eye lids.



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO

COMPOSITION

Each 20ml drop contains extracts of

Neem	Azadirachta Indica	100mg
Punarnava	Boerhavia Diffusia	100mg
Mulethi	Glycyrrhiza Glabra Linn.	100mg
Daruhaldi	Berberis Aristata	100mg
Jivanti	Leptadenia Reticulata	100mg
Shigru	Moringa Oleifera	100mg
Apamargakshar	Compound Drug	25mg
Maha Triphaladi	Grutham	10ml
Go Grutham	Cow Ghee	QS

METHOD OF USAGE

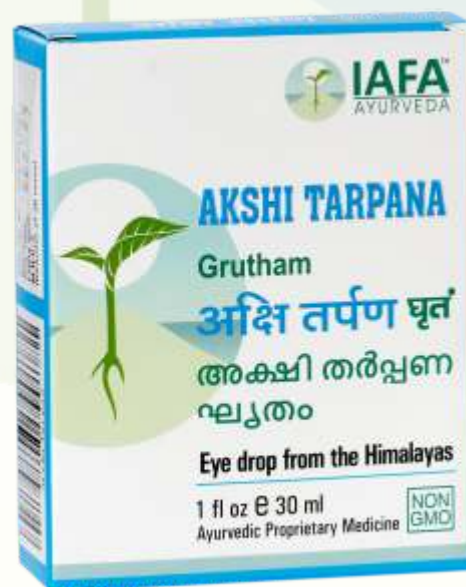
1-2 drops twice daily in eyes or as directed by the Physician.

AYURVEDA EYE DROP

INDICATIONS

Useful in symptoms associated with Netra Abhishyanda-Itching, watery discharge, dryness, redness, burning sensation, foreign body sensation in eyes, and swollen eye lids.

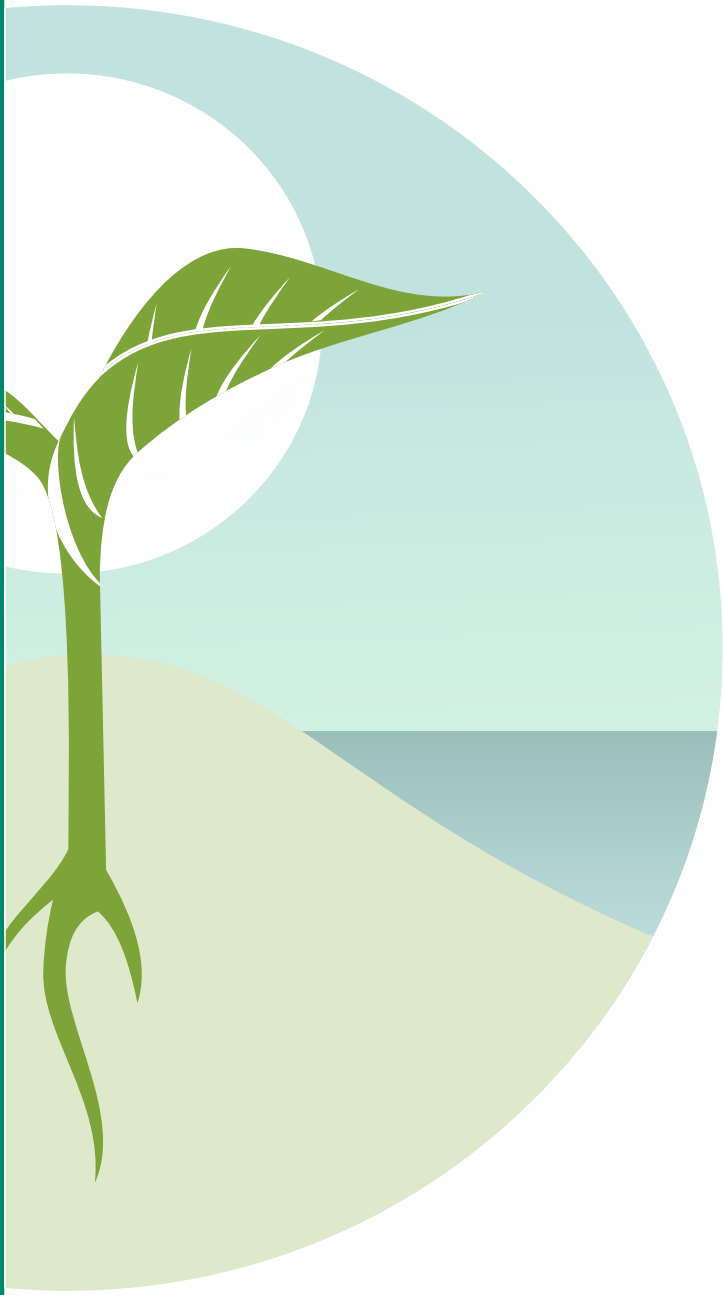
**IAFA Akshi Tarpana Grutham,
for eye wellness!**



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO



IAFA[®]
AYURVEDA



KIDS HERBAL DROPS



Infused with Digestive
wellness Herbs



Musta



Parpata



Bilva



Dadima

Aahar AMRUTHAM BINDU

Supports complete digestion of wide
range of foods.

AYURVEDA KIDS HERBAL DROP

DESCRIPTION

Aahar Amrutham Bindu is an excellent natural friendly Ayurvedic preparation enriched with various herbs including Vacha, Musta, Parpata etc. It is highly effective in the cases of gastrointestinal disorders due to indigestion of food. The drop is prepared under high quality conditions and it also possesses digestive enzymatic stimulation and immune modulator action. The drop was designed under the guidance of Institute of Applied Food Allergy® experts and research professionals. It is well tolerated and considerably safe tested for heavy metals in compliance with international standards.



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO

COMPOSITION

Each 30ml** drop contains extracts of

Vacha	Acorus Calamus	200mg
Musta	Cyperus Rotundus	200mg
Parpata	Fumaria Indica	200mg
Bilva	Aegle Marmelos	200mg
Dadima	Punica Granatum	200mg
Sariva	Hemidesmus Indicus	200mg
Preservatives and other Excipients		QS

** Daily Value Not Established

DOSAGE

Childrens (0 to 1 Year) : 2 to3 drops with 10ml water in empty stomach. Childrens(1 to 10 year): 5-10 drops with 20ml water in empty stomach. Above 10 Years and up to 14 Years: 1-2ml with 30ml water in empty stomach. This medication can also be taken with juices or sugar syrup or as directed by Physician.

AYURVEDA KIDS HERBAL DROP



INDICATIONS

Helpful in Gastrointestinal repair and care children.

Supports complete digestion of wide range of foods. Few drops for treating gastrointestinal problems in your child!!!



Aahar
AMRUTHAM
BINDU

Herbal Formula for Kids



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO



CYNODON DACTYLON



IAFA[®] DURVA SWARAS

Kids Herbal Formula
Pitta-pacifying action

AYURVEDA KIDS HERBAL DROP

DESCRIPTION

❖ A herbal drops for skin care and wellness ❖ Supports digestive system and gastrointestinal wellness ❖ Pure Vegetarian formula and 100% Natural product ❖ Free from artificial sweetener, flavor and colors ❖ This Product Does Not Contain: Wheat, gluten, dairy, corn, soy, eggs, tree nuts, peanuts, fish, or shellfish.



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO

COMPOSITION

Each 10ml ** contains

Pure Juice of Durve	Cynodon Dactylon	98.8%
Other Excipients	Sodium Benzoate	0.2%

** Daily Value Not Established

dosage

Childrens (0 to 1 Year): 2 to 3 drops with 10 ml water in empty stomach. **Childrens (1 to 5 Years):** 5-10 drops with 20 ml water in empty stomach or as directed by Physician.

INDICATIONS

Indications: Works as Kustaghna (relieves skin diseases), Dahasamaka (relieves burning sensation) & Trishnhara (relieves excessive thirst). Useful in Raktapitta (Internal bleeding), Raktarsas (external bleeding piles) Visarpa (erysipelas) & Amlapitta (hyperacidity).

A perfect "Herbal drops" for alleviation of Pitta Doshas related ailments !



AYURVEDA KIDS HERBAL DROP



IAFA[®]
DURVA
SWARAS

Kids Herbal Formula
Pitta-pacifying action

1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO

**Infused with Respiratory
wellness Herbs**



Vasa



Jivanti



Kantakari



Yashtimadhu

IAFA[®] RESPIRATORY CARE X DROPS

Breathing System Care and Repair

AYURVEDA KIDS HERBAL DROP

DESCRIPTION

IAFA Respiratory Care X Drops is an efficient proprietary blend of Institute of Applied Food Allergy[®] containing 10 herbs like Ela, Haridra, Bruhati, Agarar etc is found to have excellent anti-allergic action, dilates respiratory tract, clears phlegm out of lungs and imparts resistance against recurrent respiratory infection. It is well tolerated and considerably safe tested for heavy metals in compliance with international standards.



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO

COMPOSITION

Each 30ml** drop contains extracts of

Vasa	Adhatoda Vasica	100mg
Yashtimadhu	Glycyrrhiza Glabra	100mg
Surasa	Ocimum Sanctum	100mg
Jivanti	Leptadenia Reticulata	100mg
Kantakari	Solanum Surattense	100mg
Ela	Elettaria Cardamomum	100mg
Haridra	Curcuma Longa	100mg
Bhumi Amalki	Phyllanthus Niruri	100mg
Bruhati	Solanum Indicum	100mg
Agaru	Aquilaria Agallocha	100mg
Preservatives and other Excipients		QS

** Daily Value Not Established

DOSAGE

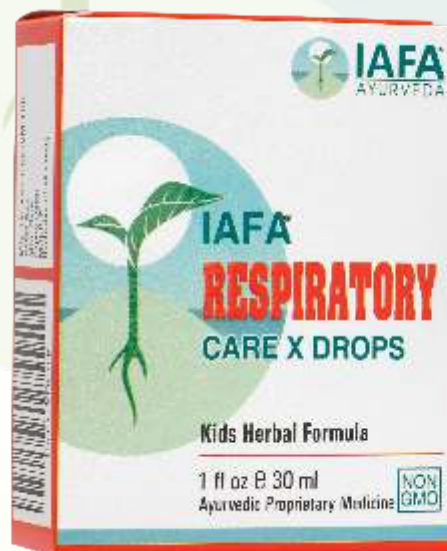
Childrens (0 to 1 Year) : 2 to3 drops with 10ml water in empty stomach. **Childrens(1 to 10 year):** 5-10 drops with 20ml water in empty stomach. **Above 10 Years and up to 14 Years:** 1-2ml with 30ml water in empty stomach. This medication can also be taken with juices or sugar syrup or as directed by Physician.

INDICATIONS

Helpful in Shallow Breathing, Bronchitis, Nasal Allergies, Recurrent cough, Cold and for building resistance against diseases and pollution in children.



Few drops for treating respiratory system ailments and nasal allergies in your child!!!



IAFA®
RESPIRATORY
CARE X DROPS

Kids Herbal Formula

1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

**NON
GMO**

**Infused with Skin
wellness Herbs**



Manjist



Aragwadha



Patola



Krimijit

IAFA[®] **SKIN** DETOX DROPS

Skin Care and Repair

AYURVEDA KIDS HERBAL DROP

DESCRIPTION

IAFA Skin Detox Drops is an efficient herbal preparation made under strict guidelines of Institute of Applied Food Allergy[®] experts for the alleviation of skin disorders. This proprietary blend is enriched with herbs like Devadaru, Vyaghri, Khadira, Amritha etc. having quality of pacifying all Vata, Pitta and Kapha doshas. It is well tolerated and considerably safe tested for heavy metals in compliance with international standards.



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine



COMPOSITION

Each 30ml** drop contains extracts of

Vasa	Adhatoda Vasica	100mg
Sonf	Foeniculum Ulgare Mill.	100mg
Manjist	Rubia Cordifolia	200mg
Devadaru	Cedrus Deodara	100mg
Vyaghri	Solanum Surattense	100mg
Patole	Trichosanthes Dioica	100mg
Khadira	Acacia Catechu	100mg
Aragwadha	Cassia Fistula	100mg
Krimijit	Embelia Ribes	100mg
Amritha	Tinospora Cordifolia	100mg
Karanja	Pongamia Pinnata	100mg

Preservatives and other Excipients QS

** Daily Value Not Established

DOSAGE

Childrens (0 to 1 Year) : 2 to3 drops with 10ml water in empty stomach. Childrens(1 to 10 year): 5-10 drops with 20ml water in empty stomach. Above 10 Years and up to 14 Years: 1-2ml with 30ml water in empty stomach. This medication can also be taken with juices or sugar syrup or as directed by Physician.

INDICATIONS

Helpful in Bal Vicharchika and Twak Vikara.

Few drops for treating Skin ailments and allergies in your child!!!



IAFA[®] SKIN DETOX DROPS

Kids Herbal Formula



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO

Infused with Bowel
wellness Herbs



Mulethi



Amaltaas



Anjeer



Revand Chini

SHISHU LAXOHERB

Liquid Stool Softener for Kids

AYURVEDA KIDS HERBAL FORMULA

DESCRIPTION

It is an excellent natural friendly Ayurvedic preparation enriched with various herbs including Revand Chini, Anjeer, Amaltaas etc. It is highly effective in gastro-intestinal disorders due to severe constipation in children. The syrup is prepared under high quality conditions and it also possesses digestive enzyme stimulation action. The syrup was designed under the guidance of Institute of Applied Food Allergy® experts and research professionals. It is well tolerated and considerably safe tested for heavy metals in compliance with international standards.



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO

COMPOSITION

Each 30ml** drop contains extracts of

Revand Chini	Rheum Emodi Wall	1.5gm
Sauf	Foeniculum Vulgare Mill.	1gm
Anjeer	Ficus Carica	1gm
Amaltaas	Cassia Fistula Linn.	500mg
Mulethi	Glycyrrhiza Glabra	500mg
Preservatives and other Excipients		QS

** Daily Value Not Established

dosage

Childrens (0 to 1 Year) : 1 dropper (1ml) with 10ml water. Childrens(1 to 5 year): 1-5 ml with 20ml water. This medication can also be taken with juices or sugar syrup or as directed by Physician.

AYURVEDA KIDS HERBAL FORMULA

INDICATIONS

Useful for Constipation in children.

Few drops for treating constipation problems in your child!!!



**SHISHU
LAXOHERB**

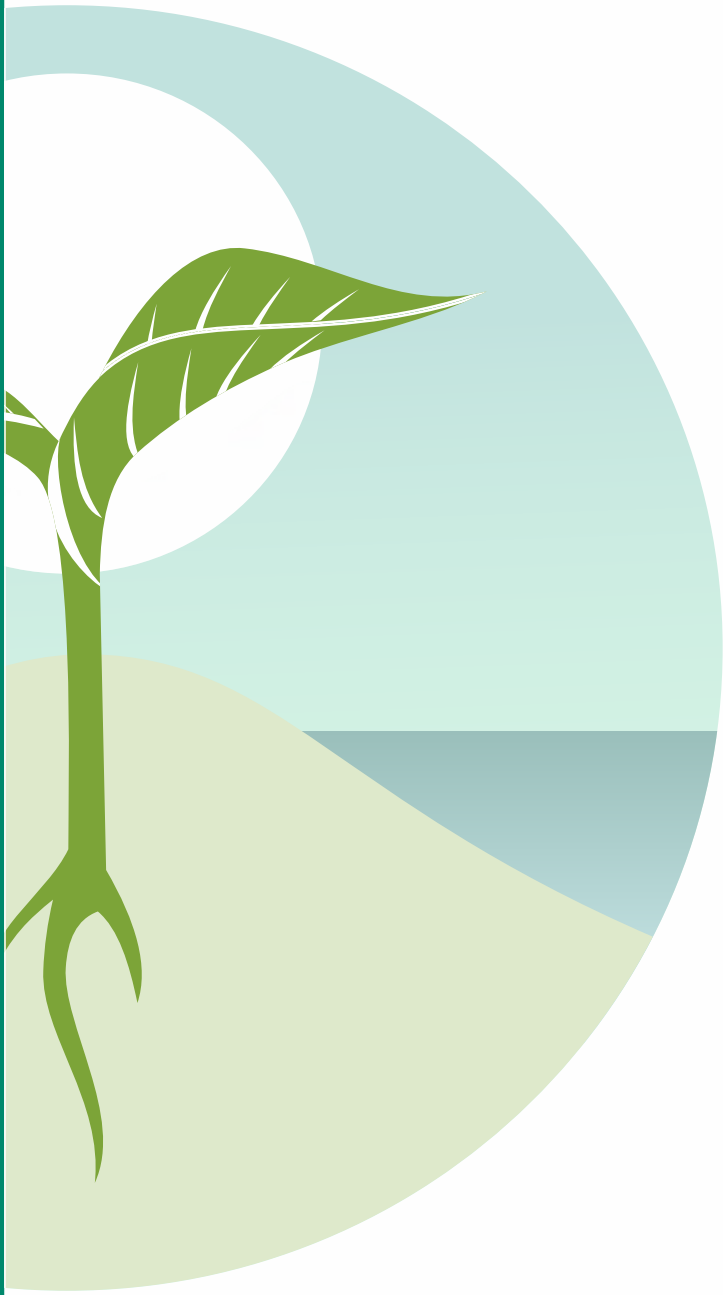
Liquid Stool Softener for Kids



1 fl oz e 30ml

Ayurvedic
Proprietary
Medicine

NON
GMO



IAFA[®]
AYURVEDA



HERBAL BARS & SHAMPOOS



Fortified with

7

Moisturizing
Oils



Almond oil



Avacado
oil



Karanja oil



Manjistadi
oil



Wheat Germ
oil



Coconut
oil



Castor
oil



IAFATM
AYURVEDA

IAFA SKIN FRESH BAR

The perfect Ayurvedic
Intense moisturizing bar.

AYURVEDA HERBAL CLEANSING BAR

Intense moisturizing effect



COMPOSITION

Each 100gm contains : Kumari (Aloe Barbadensis Mill.)-5ml, Sveta Kutaj (Wrightia Tinctoria)-3ml, Lodhar (Symplocos Racemosa)-5ml, Durva (Cynodon Dactylon)-2ml, Nimba (Azadirachta Indica)-10ml, Chakramarda (Cassia Tora Linn.)-5ml, Aragwadha (Cassia Fistula)-3ml, Neelini (Indigofera Tinctoria)-2ml, Avacado (Pyrus Communis Linn.)-2ml, Almond (Prunus Amygdalus Batsch)-2ml, Karanja (Pongamia Glabra Vent.)-3ml, Manjistadi Oil-3ml, Wheat Germ Oil (Triticum Sativum Linn.)-2ml, Coconut Oil (Cocos Nucifera Linn.)-15ml, Castor Oil (Ricinus Communis)-5ml, Soap Base (Glycerin)-QS

Intense moisturizing effect

AYURVEDA HERBAL CLEANSING BAR

METHOD OF USAGE

Apply IAFA Skin Fresh Bar on the whole body during the time of bathing. After application, wash with light warm water. Use as a regular bathing bar or as directed by Physician.

IAFA[®] SKIN FRESH BAR

The perfect Ayurvedic
Intense moisturizing bar.



DESCRIPTION

The perfect Ayurvedic solution for intense moisturizing effect with ultimate skin care!

IAFA skin fresh bar is a unique preparation of carefully chosen herbal ingredients like Sveta Kutaj, Neelini & Kumari that have well established antioxidant, anti-allergic and anti-inflammatory properties. It is further fortified with 7 essential oils like Avocado oil, Almond oil, Pongamia oil, Wheat germ oil, Manjistadi oil, Castor oil and Coconut oil making it an ultimate answer to all dry, itchy, flakey, inflamed skin because of imbalance of the micro ecosystem of the skin. It is an excellent remedy for the alleviation of skin conditions including psoriasis and atopic dermatitis. The soap contains herbs like Lodhar, Nimba, Chakramarda etc. which are antimicrobial in nature as well as increases skin complexion. IAFA Skin Fresh Bar cleanses, moisturizes the skin and can be also used in climatic conditions. It can be used for anyone from any age group and is having absolutely no adverse effects.

INDICATIONS

Helpful in dry and xerotic skin due to diseases like Psoriasis and Eczema (Atopic dermatitis) and other climatic conditions.

Intense moisturizing effect

IAFA[®] SKIN FRESH BAR

The perfect Ayurvedic
Intense moisturizing bar.



Fortified with

7

Antimicrobial
Herbs



Madhuka



Lodhra



Dravi



Nimba



Chakarmard



Sirisa



Asana



IAFATM
AYURVEDA

IAFA[®]

AF-7

BAR

The perfect Ayurvedic
antimicrobial bar.

Antimicrobial management

AYURVEDA HERBAL CLEANSING BAR



info@iafaayurveda.com



www.iafaayurveda.com

COMPOSITION

Each 100gm contains

Lodhra	Symplocos Recemosa	8ml
Madhuka	Glycyrrhiza Glabra	5ml
Nimba	Azadirachta Indica	8ml
Asana	Pterocarpus Marsupium	5ml
Dravi	Berberis Aristata	5ml
Sirisa	Albizia Lebbeck	5ml
Chakarmard	Cassia Tora	10ml
Coconut Oil	Cocos Nucifera Linn.	10ml
Soap Base	Glycerin	QS

METHOD OF USAGE

Apply IAFA AF-7 Bar on the whole body during the time of bathing. After application, wash with light warm water. Use as a regular bathing bar or as directed by Physician.

Antimicrobial management

IAFA[®] AF-7 BAR

The perfect Ayurvedic
antimicrobial bar.

AYURVEDA HERBAL CLEANSING BAR



DESCRIPTION

The perfect Ayurvedic solution for healthy skin microbial balance! IAFA AF-7 Bar is a unique preparation of carefully chosen herbal ingredients like Lodhra, Madhuka, Nimba, Sirisa which are antimicrobial as well as skin protective in action. This bar is efficient and one of the simplest solutions for skin infections. Chakarmard is known to have an excellent antifungal action as well as antipruritic effect. It is further fortified with Coconut oil making it an ultimate answer to all dry, itchy, flakey, inflamed skin because of imbalance of the micro ecosystem of the skin. It cleanses, moisturizes the skin and can be also used in skin burning conditions. It can be used for anyone from any age group and is having absolutely no adverse effects.

Antimicrobial management

AYURVEDA HERBAL CLEANSING BAR

INDICATIONS

Helpful in fungal infections, superficial skin infections, burning, itching, scaling, cracking, redness, soreness, irritation and chafing of the skin.

IAFA[®] AF-7 BAR

The perfect Ayurvedic
antimicrobial bar.



3X
TRIPLE
ACTION
FORMULA

Anti Scaling Action,
Healthy Scalp & Strong Hair

AYURVEDA HERBAL SHAMPOO

Infused with 12 Ayurvedic Vital Herbs



Neel



Bakuchi



Karanja



Japapushpa



Chakramarda



Inderjoo

DESCRIPTION

It is an excellent natural friendly Ayurvedic solution developed under experts of Institute of Applied Food Allergy® for a healthy scalp, strong hair and anti-scaling action. **IAFA 333 Shampoo** is enriched with several herbs including Wrightia tinctoria, Berberis aristata etc. Cassia fistula, Indigofera tinctoria, P. corylifolia are highly suggestive in the cases of scalp psoriasis, maintenance of natural hair pigmentation and dandruff. Aloe barbadensis, Hibiscus rosa sinensis, Trigonella foenum improves hair follicle strength and has superb moisturizing effect. Pongamia glabra and Cassia tora combination is effective against allergic scalp disorders.



IAFA®
333
SHAMPOO



info@iafaayurveda.com



www.iafaayurveda.com



IAFATM
AYURVEDA

AYURVEDA HERBAL SHAMPOO

COMPOSITION

Each 100ml contains

Kumari	Aloe Barbadensis Mill.	100mg
Saptala	Acacia Conccina	200mg
Medhika	Trigonella Foenum	200mg
Japapushpa	Hibiscus Rosasinensis	200mg
Inderjoo	Wrightia Tinctoria	200mg
Bakuchi	Psoralea Corylifolia	200mg
Triphala	Compound Drug	200mg
Aragwadha	Cassia Fistula	200mg
Karanja	Pongamia Glabra Vent.	200mg
Chakramarda	Cassia Tora Linn.	100mg
Neeli	Indigofera Tinctoria	50mg
Darvi	Berberis Aristata	100mg
Shampoo Base		QS

METHOD OF USAGE

It is an excellent natural friendly Ayurvedic solution developed under experts of Institute of Applied Food Allergy® for a healthy scalp, strong hair and anti-scaling action. IAFA 333 Shampoo is enriched with several herbs including Wrightia tinctoria, Berberis aristata etc. Cassia fistula, Indigofera tinctoria, P. corylifolia are highly suggestive in the cases of scalp psoriasis, maintenance of natural hair pigmentation and dandruff. Aloe barbadensis, Hibiscus rosa sinensis, Trigonella foenum improves hair follicle strength and has superb moisturizing effect. Pongamia glabra and Cassia tora combination is effective against allergic scalp disorders.



INDICATION

Useful in Scalp disorders like Psoriasis, Allergic scalp disorders, Seborrheic dermatitis, Dandruff, and useful for dry Scalp.

A one stop solution for healthy scalp balance!



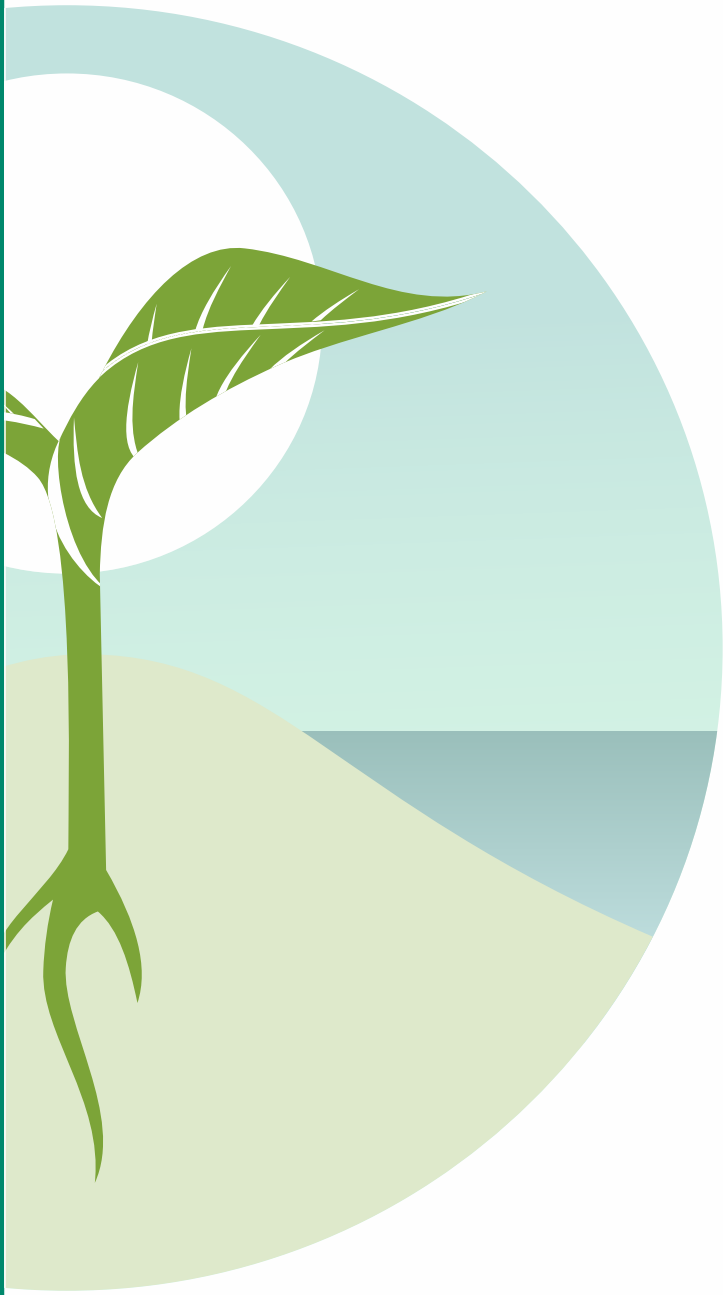
IAFA[®]
333
SHAMPOO

Ancient formula
with 12 vital herbs

6.7 fl oz e 200ml

Ayurvedic
Proprietary
Medicine

NON
GMO



IAFA[®]
AYURVEDA



HERBAL INTIMATE WASH



Infused
With
Panchvalkal
Kwath



Nyagrodha



Udumbara



Ashvatha



Parisha



Plaksha

AYURVEDA INTIMATE WASH

IAFA[®]
AF-7
WASH



DESCRIPTION

It is expertly formulated by Institute of Applied Food Allergy[®] just for your intimate hygiene through the months and even during your periods. This wash is a combination of natural plants such as Neem, Lodhra, Sirisa, Madhuka and Darvi to keep the vaginal pH at a healthy & natural. The Ayurvedic goodness from Trifla and Panchvalkal gently eliminates odour causing yeast & bacteria due to rich antioxidant properties. This is an efficient solution to keep your intimate area moisturized, free of itching, infections, inflammation & foul odour discharge everyday including during your periods. It is safe to wash and can be given to maintain vaginal & menstrual hygiene.

7X
ACTION
FORMULA

Cleansing, Moisture Balance, pH Balance, Minimize - Itching,
Irritation, Infections, Unusual Discharge

COMPOSITION

Each 100ml contains

Lodhra	Symplocus Raceomosa	50mg
Madhuka	Glycyrrhiza Glabra	50mg
Trifla	Compound Drug	50mg
Asana	Pterocarpus Marsupium	50mg
Darvi	Berberis Aristata	50mg
Nimba	Azadirachta Indica	50mg
Sirisa	Albizia Lebbeck	50mg
Panchvalkal Kwath	Compound Drug	50 mg
Base	Decyl Glucoside	QS

METHOD OF USAGE

Wash for daily intimate care. Dispense 3-5 ml IAFA AF-7 Wash and lather softly in the palms of the hands. Cleanse the genital area gently and rinse thoroughly or as directed by Physician. Shake well before use.

INDICATION

Helps to relieve vaginal itching, inflammation, infections and foul odours with unusual discharge.

HERBAL INTIMATE WASH

IAFA[®]
AYURVEDA

A perfect intimate wash
for soothing feminine hygiene!!!



IAFA[®]
AF-7
WASH

Panchvalkal
vaginal hygiene
gets ayurvedic makeover

6.7 fl oz e 200ml

Ayurvedic
Proprietary
Medicine

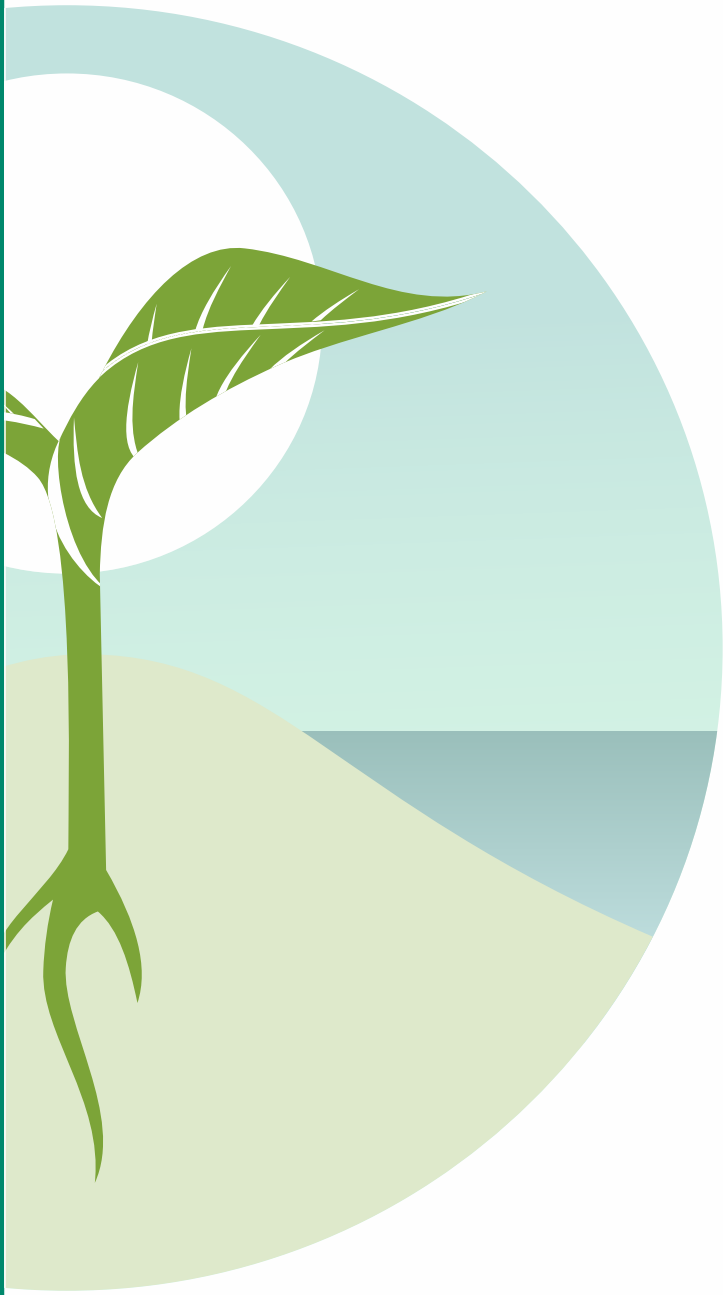
NON
GMO



info@iafaayurveda.com



www.iafaayurveda.com



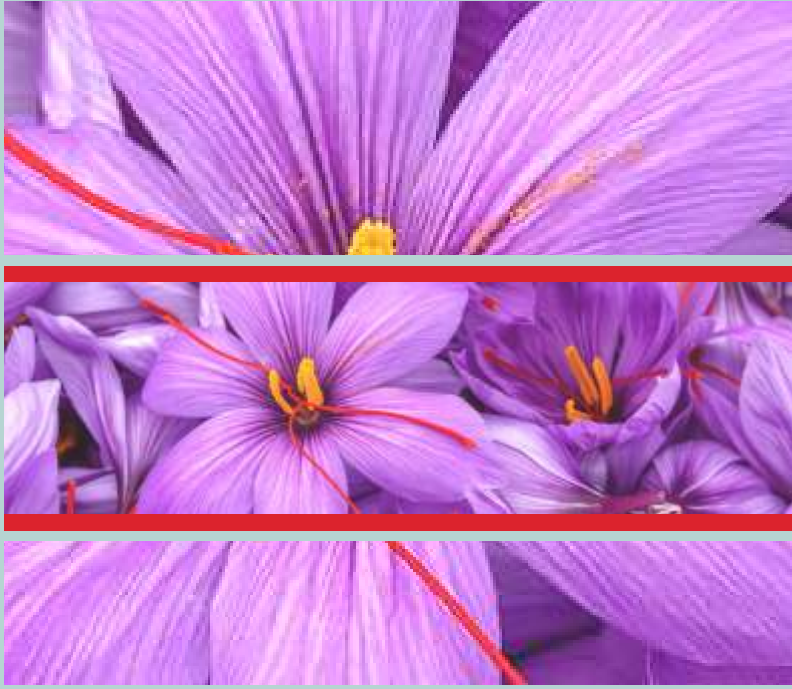
IAFA[®]
AYURVEDA



HERBAL BEAUTY PRODUCTS



Ancient Classical
Ayurvedic Beauty Oil
for Glow and Radiant Skin !



KUMKUMADI
THAILAM
കുങ്കുമാദി തൈലം
കുങ്കുമാദി തൈലം

INDICATIONS

Mukha Roga (Disease of mouth), Varna Vikara (Pigmentation disorder), Nilika (Mole), Yauvana Pitika (Acne vulgaris), Vyanga (Pigmentation disorder), Tilaka (Nonelevated mole), Masaka (Mole), Nyaccha (Naevus/mole), Padminikantaka (Papilloma of skin), Jatumani (Congenital Mole).

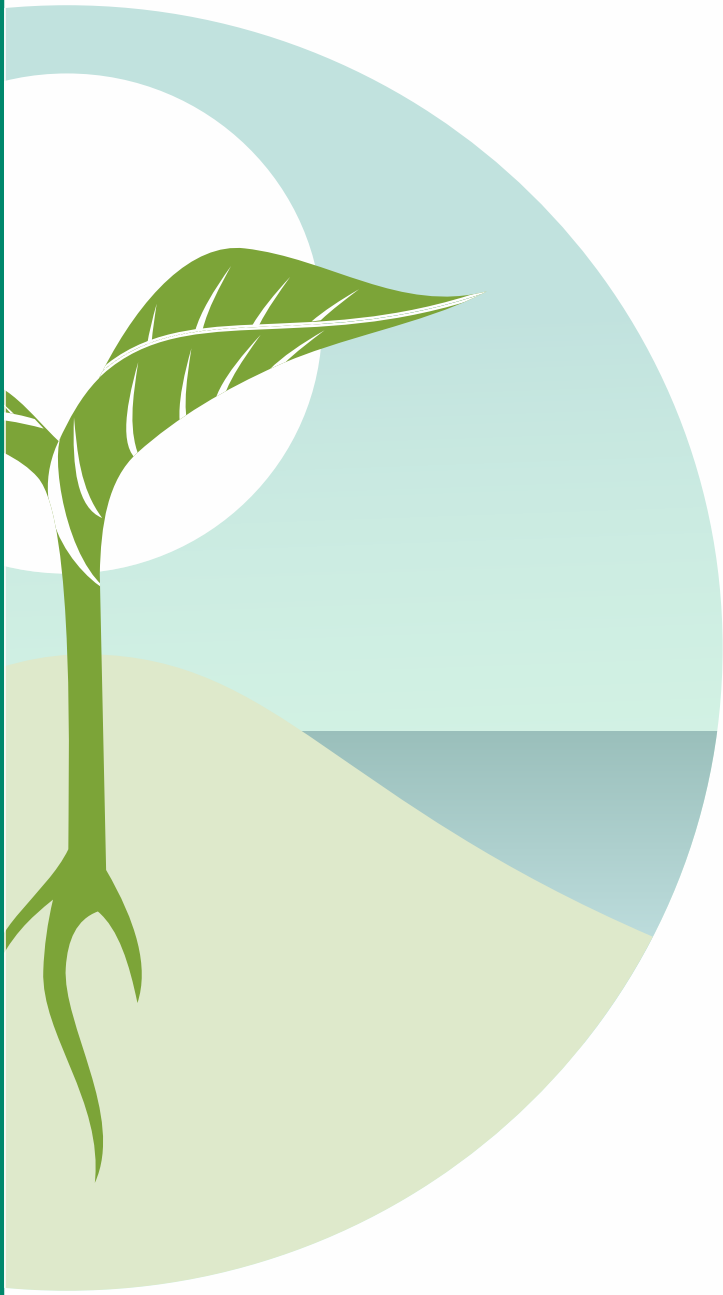
METHOD OF USAGE

Used externally for Abhyanga. Gently massage every morning & night on clean skin using upward circular movements or as directed by physician.



1 fl oz e 30ml

Ayurvedic Classical Medicine



IAFA[®]
AYURVEDA



Classical Ayurveda Products



INGREDIENTS

Each 500 mg tablet contains:

Shodhit Parada, Shodhit Gandhaka, Loha Bhasma, Abhrak Bhasma, Tamra Bhasma each 13.888 mg, Shodhit Shilajatu 41.666 mg and choorna of Haritaki (*Terminalia chebula*) fruit, Choorna of Bibhitaka (*Terminalia belerica*) fruit, Choorna of Amalaki (*Emblica officinalis*) fruit each 9.260 mg, Shodhit Guggulu (*Commiphora wightii*), Chitraka (*Plumbago zeylanica*) root each 55.556 mg, Katuka (*Picrorhiza kurroa*) rhizome 250.000 mg, Nimba (*Azadirachta indica*) leaf swaras Q.S., Preservatives Sodium benzoate.

DOSAGE & ANUPAN

1 tablet twice a day or as directed by the Physician.
Preferably consumed with lukewarm water.

INDICATION

Skin disorders, fever, liver disorders, heart ailments, indigestion, constipation and obesity.

AYURVEDA CLASSICAL MEDICINE



Arogyavardhani
Vati
आरोग्यवर्धिनी वटी

(A.S.S.-261)

120 TABLETS
Ayurvedic Classical Medicine

INGREDIENTS

Each 500 mg tablet contains:

Choorna of Karchoora (*Curcuma zedoaria*) rhizome, Musta (*Cyperus rotundus*) rhizome, Guduchi (*Tinospora cordifolia*) stem, Haridra (*Curcuma longa*) rhizome, Daruharidra (*Berberis aristata*) stem, Dhanyaka (*Coriandrum sativum*) fruit, Chavya (*Piper chaba*) stem, Gajapippali (*Scindapsus officinalis*) fruit, Vacha (*Acorus calamus*) rhizome, Kiratatikta (*Swertia chirata*) whole plant, Devadaru (*Cedrus deodara*) heart wood, Ativisha tuberous root, Pippali Mool (*Piper longum*) root, Chitraka (*Plumbago zeylanica*) root, Haritaki (*Terminalia chebula*) fruit pericarp, Bibhitaki (*Terminalia belerica*) fruit pericarp, Amalaki (*Embelia officinalis*) fruit pericarp, Vidanga (*Embelia ribes*) fruit, Shunthi (*Zingiber officinale*) rhizome, Maricha (*Piper nigrum*) fruit, Pippali (*Piper longum*) fruit each 3.596 mg, Trivrut (*Ipomoea turpethum*) root, Tvak (*Cinnamomum zeylanicum*) inner stem bark, Ela (*Sookshma*) (*Elettaria cardamomum*) seed, Tvakpatra (*Cinnamomum tamala*) leaf, Vamsha (*Bambusa bambos*) siliceous concretion, Danti (*Baliospermum montanum*) root each 14.388 mg and Suvarnamakshik bhasma, Svarjeekshara, Sauvarchala lavana, Yavakshara, Saindhava lavana, Vida lavana each 3.596 mg, Shodhit Guggulu (*Commiphora wightii*) exudate, Shodhit Shilajatu each 115.108 mg. Loha bhasma 28.776 mg, Sharkara 57.554 mg, Preservatives used: Sodium Benzoate.

DOSAGE & ANUPAN

1-2 tablets twice a day or as directed by the Physician. Preferably consumed with lukewarm water. Pregnant and lactating women should consult your physician.

AYURVEDA CLASSICAL MEDICINE

INDICATION

Burning Micturition, Dysuria, Haematutia and Presence Of Pus in Urine, Urinary Calculi, Diabetes Mellitus; Inflammatory condition of Kidneys, Bladder, Ureter and Urethra; Inflammatory Condition Of Uterus, Dysmenorrhoea and Irregular Menstruation; Male and Female Infertility.



Chandraprabha Vati

चंद्रप्रभा वटी

(A.F.I Part-1-185)

120 TABLETS
Ayurvedic Classical Medicine

INGREDIENTS

Each 500 mg tablet contains:

Shodhit Gandhaka, Sharkara each 250 mg, processed in Godugdha, Tvak (Cinnamomum zeylanicum) inner stem bark phant, Ela (Sookshma) (Elettaria cardamomum) seed phant, Tvakpatra (Cinnamomum tamala) leaf phant, Nagakesara (Mesua ferrea) stamen phant, Guduchi (Tinospora cordifolia) stem kwath, Haritaki (Terminalia chebula) fruit pericarp kwath, Bibhitaki (Terminalia belerica) fruit pericarp kwath, Amalaki (Emblica officinalis) fruit pericarp kwath, Shunthi (Zingiber officinale) rhizome kwath, Bhingaraja (Eclipta alba) whole plant swaras, Ardraka (Zingiber officinale) rhizome swaras each Q.S., Preservatives used: Sodium Benzoate.

DOSAGE & ANUPAN

1-2 tablets twice a day or as directed by the Physician.
Preferably consumed with milk or lukewarm water.

INDICATION

Skin diseases, itching, burning sensation, urticaria or hives and angioedema, eczema, psoriasis, leprosy, boils, scabies, pustules, dandruff and fungal infections.

AYURVEDA CLASSICAL MEDICINE



Gandhak Rasayan गंधक रसायन

(A.F.I. Part 1-184)

120 TABLETS
Ayurvedic Classical Medicine

INGREDIENTS

Haridra 32 parts, Trivrut 32 parts, Haritaki 32 parts, Daruharidra 1 parts, Musta 1 part, Yavani 1 part, Ajamoda 1 part, Chitraka 1 part, Katuka 1 part, Jeeraka (Shweta) 1 part, Pippali 1 part, Shunthi 1 part Tvakpatra 1 part, Ela 1 part, Tvak 1 part, Vidanga 1 part, Guduchi 1 part, Vasa 1 part, Kulanjana 1 part, Amalaki 1 part, Haritaki 1 part, Bibhitaka 1 part, Chavya 1 part, Dhanvaka 1 part, Sharkara 320 part, Loha Bhasma 1 part, Abhraka Bhasma 1 part.

INDICATIONS

1 teaspoon (5 gm) twice a day with milk, lukewarm water as directed by the Physician. Pregnant and lactating women should consult your physician.

DOSAGE & ANUPAN

Sheetapitta, Udarda, Kotha, Pama, Vicharchika, Jeerna Jwara, Krumi, Pandu, Shotha.

Ayurvedic Classical Medicine

Haridrakhanda

Choorna

हरिद्राखंड चूर्ण

(A.S.S.-556)



3.5 oz 100 gm
Ayurvedic Classical Medicine

INGREDIENTS

Each Kutaja Ghan Vati is prepared

Kutaja Bark (Holarrhena Antidysenterica) 48gm

Jal or Water for decoction 768mg reduced to 96ml

Ativisha Whole plant powder.

(Aconitum Heterophyllum wall.) 12gm

Preservatives Sodium benzoate

DOSAGE & ANUPAN

1-2 tablets twice a day with water before or after or as directed by the physician.

INDICATION

Atisaar, Grahani Roga, Jawa Roga with Atisaar.

AYURVEDA CLASSICAL MEDICINE



Kutaja Ghan
Vati
कुटजघन वटी

(A.S.S.-437)

120 TABLETS
Ayurvedic Classical Medicine

INGREDIENTS

Each 500 mg tablet contains:

Shodhit Guggul (*Commiphora wightii*) exudate (*Guduchi shodhit*) 372.094 mg, choorna of Haritaki (*Terminalia chebula*) fruit pericarp, Bibhitaki (*Terminalia belerica*) fruit pericarp, Amalaki (*Embllica officinalis*) fruit pericarp each 15.488 mg, Guduchi (*Tinospora cordifolia*) stem 23.256 mg, Shunthi (*Zingiber officinale*) rhizome, Maricha (*Piper nigrum*) fruit, Pippali (*Piper longum*) fruit. Vidanga (*Embelia ribes*) fruit each 11.628 mg, Danti (*Baliospermum montanum*) root, Trivrut (*Ipomoea turpethum*) root each 5.814 mg, processed in Haritaki (*Terminalia chebula*) fruit pericarp kwath, Bibhitaki (*Terminalia belerica*) fruit pericarp kwath, Amalaki (*Embllica officinalis*) fruit pericarp kwath, Guduchi (*Tinospora cordifolia*) stem kwath each Q.S., Preservatives : Sodium benzoate.

DOSAGE & ANUPAN

1-2 tablets twice a day or as directed by the Physician. Preferably consumed with lukewarm water. Pregnant and lactating women should consult your physician.

AYURVEDA CLASSICAL MEDICINE

INDICATION

Sravi Vatarakta, Shotha, Udar Roga, Pandu, Prameha, Agnimandya, Vibandha, Kushta, Tvacha Vikara etc.



Kaishore Guggulu कैशोर गुग्गुल

(A.S.S.-515)

120 TABLETS
Ayurvedic Classical Medicine

INGREDIENTS

Each 500 mg tablet contains:

Choorna of Kanchanara (*Bauhinia variegata*) stem bark 125.000 mg, Haritaki (*Terminalia chebula*) fruit pericarp, Bibhitaki (*Terminalia belerica*) fruit pericarp, Amalaki (*Emblica officinalis*) fruit pericarp each 25 mg, Shunthi (*Zingiber officinale*) rhizome, Maricha (*Piper nigrum*) fruit, Pippali (*Piper longum*) fruit each 12.500 mg, Varuna (*Crataeva nurvala*) stem bark 6.250 mg, Tvakpatra (*Cinnamomum tamala*) leaf, Tvak (*Cinnamomum zeylanicum*) inner stem bark, Ela (*Sookshma*) (*Elettaria cardamomum*) seed each 2.076 mg and Shodhit Guggulu (*Commiphora wightii*) exudate (Triphala shodhit) 250.000 mg, Preservatives used: Sodium benzoate.

DOSAGE & ANUPAN

1-2 tablets twice a day or as directed by the Physician. Preferably consumed with lukewarm water. Pregnant and lactating women should consult your physician.

AYURVEDA CLASSICAL MEDICINE

INDICATION

Galgand, Arbuda, Gandamala, Apachi, Granthi, Nadi Vrana, Gulma, Kushth, Bhagandar etc.



Kanchanar Guggulu कांचनार गुग्गुल

(A.S.S.-514)

120 TABLETS
Ayurvedic Classical Medicine

INGREDIENTS

Each gram contains

Mouktik (Mukta) Pishti 1 gram

Mfd. under the reference book Ayurveda Saar Sangrah.

DOSAGE & ANUPAN

60 mg to 125 mg morning & evening with milk, butter, Ghruta, Gulkanda or as per disease or as directed by the physician.

INDICATION

Sarvanga Daha, Montra Daha, Amlapitta, Mastishka Dourbalya, Unmada, Kshaya, Raktarsha, Raktapradar, Raktapitta, Kasa, Netra Roga, Tachycardia, Haemoptysis, Restlessness, Insomnia, Disorders during pregnancy.

AYURVEDA CLASSICAL MEDICINE



Mouktik (Mukta)
Pishti
मौक्तिक (मुक्ता) पिष्टी

(Ref Text: A.S.S.)

0.070 oz 2 gm
Ayurvedic Classical Medicine

INGREDIENTS

Each 250mg tablet contains

Shodhit Parada	13.158mg
Shodhit Gandhaka	13.158mg
Shodhit Tankana	13.158mg
Shodhit Haritala	13.158mg
Choorna of Shodhit Vatsanabha	
(Aconitum ferox) root	13.158mg
Maricha (Piper nigrum) fruit	131.579mg
Shunthi (Zingiber officinale) rhizome	26.316mg
Pippali (Piper longum) fruit	26.316mg
Preservatives	Sodium benzoate

DOSAGE & ANUPAN

1-2 tablets twice a day or as directed by the Physician. Preferably with honey, ginger (fresh) juice or lukewarm water.

AYURVEDA CLASSICAL MEDICINE

INDICATIONS

Breathlessness, Cough and Rhinitis.



Shwasakuthar
Rasa
श्वासकुठार रस

(A.S.S.-394)

120 TABLETS
Ayurvedic Classical Medicine

INGREDIENTS

Each 500 mg tablet contains:

Choorna of Haritaki (*Terminalia chebula*) fruit pericarp, Bibhitakai (*Terminalia belerica*) fruit pericarp, Amalaki (*Emblica officinalis*) fruit pericarp each 108.696 mg and Shodhit Gandhaka 36.230 mg, Shodhit Guggulu (*Commiphora wightii*) exudate (Guduchi shodhit) 108.696 mg, Eranda taila 28.986 mg, Preservatives used: Sodium benzoate.

DOSAGE & ANUPAN

1-2 tablets twice a day or as directed by the Physician. Preferably consumed with lukewarm water. Pregnant and lactating women should consult your physician.

INDICATION

Amavata, Sandhivata, Vatarakta, Vatavyadhi, Gulma, Shoola, Udar, Kushtha etc.

AYURVEDA CLASSICAL MEDICINE

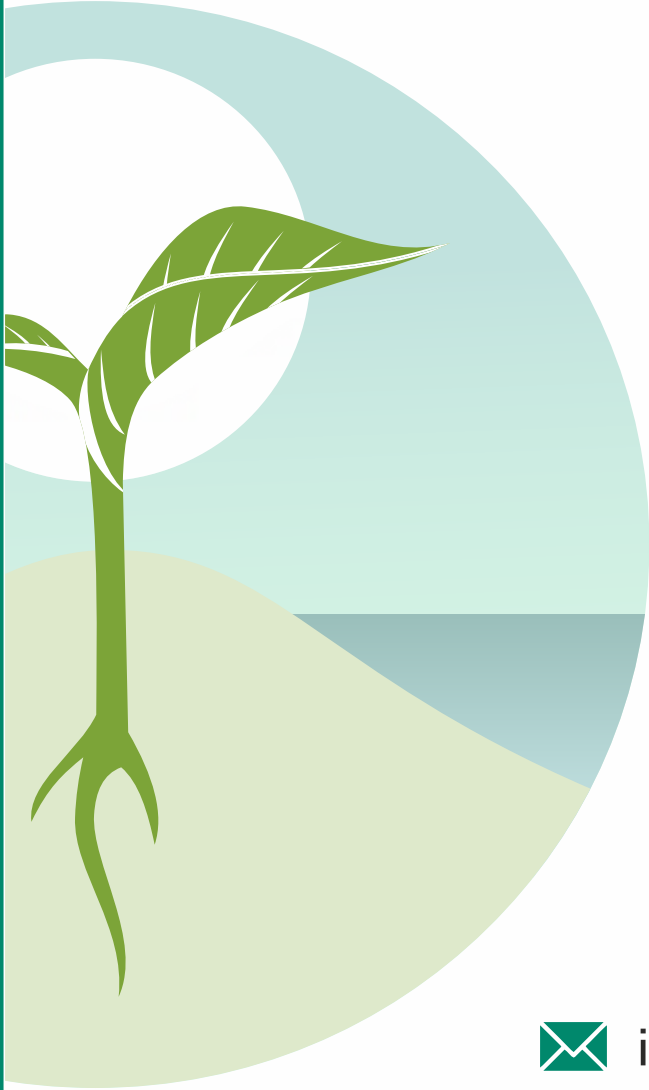


Sinhanad Guggulu सिंहनाद गुग्गुलु

(A.S.S.-513)

120 TABLETS
Ayurvedic Classical Medicine

IAFA AYURVEDA INDIA



*Thank
you*



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